## Course Description

**Course Abbreviation & Number:** NURS 319  
**Effective Term:** 01/2010

<table>
<thead>
<tr>
<th>Catalog Title</th>
<th>Method of Instruction</th>
<th>Course Modifier</th>
<th>General Education Designation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Assessment for RNs</td>
<td>A-Lecture Only</td>
<td>Pass/Fail Only</td>
<td>English Composition</td>
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<tr>
<td>Health Assessment for RNs</td>
<td>B-Lab (w/fee)</td>
<td>Graded</td>
<td>Advanced Writing</td>
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<tr>
<td>Fixed Credit Course: 2 (2.0)</td>
<td>C-Lecture/Lab/Field (w/fee)</td>
<td>Variable Title</td>
<td>Oral Communication</td>
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<tr>
<td>Variable Credit Course: - ( , )</td>
<td>D-Lecture/Field Lab (ns fee)</td>
<td>Creative Inquiry</td>
<td>Mathematics</td>
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<td>E-Independent Study</td>
<td>Repeatable</td>
<td>Natural Science w/Lab</td>
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<td></td>
<td>F-Tutorial (w/fee)</td>
<td>Maximum Credits</td>
<td>Math or Science</td>
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<tr>
<td></td>
<td>G-Field course</td>
<td></td>
<td>Arts/Literature</td>
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<td></td>
<td>H-Q-Studio</td>
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<td>ASL (Literature)</td>
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<td></td>
<td>ASL (Non-Literature)</td>
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<td>Social Sciences</td>
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<td>CCA</td>
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### Add cross-listing with the following child course(s):

**Catalog Description:** Expands knowledge of health assessment techniques utilized with well or ill adult clients. Emphasis on data collection as a basis for critical thinking in professional nursing practice.

**Prerequisite(s):** Admission to RN-BS Program

**Projected Enrollment:** Year 1 30  Year 2 40  Year 3 40  Year 4 50

**Required course for students in:** RN-BS Nursing Program

**Statement of need for the course:** Associate degree graduates in nursing complete health assessment during the ADN program. This course would be used to expand their existing knowledge.

**Learning Objectives:**
- a. Utilize interviewing techniques in assessing health, including obtaining a health history.
- b. Identify preliminary decisions to prepare for data collection.
- c. Demonstrate appropriate methods for data collection.
- d. Develop a systematic framework for organizing data.
- e. Demonstrate the four techniques used in physical assessment: inspection, palpation, percussion, and auscultation.
- f. Perform a complete head-to-toe physical examination on an adult.
- g. Differentiate between normal and abnormal physical assessment findings.
- h. Document a physical and psychosocial assessment of an adult client.

**Topical Outline:**
- WEEK 1: Introduction to Health Assessment, Developmental Considerations, Cultural Competence Ch. 1
- WEEK 2: Interviewing, Health History, Pain Assessment, Vital Signs, Nutritional Assessment Ch. 4, 5, 8, 9, 10 Quiz and/or Discussion Board WEEK 3: Skin, Hair, and Nails, Lymph System, Head, Face, Neck, Mouth, Throat, Eyes, Ears Ch. 11
- WEEK 4: Thorax and Lungs, Breast Exam, Cardiovascular Ch. 17, 18, 19
- WEEK 5: Abdomen, Genitalia, & Rectum Ch. 21, 24, 25, 26 Quiz and/or Discussion Board WEEK 6: Musculoskeletal, Neurological Ch. 22, 23 Quiz and/or Discussion Board WEEK 7: Practical Final Exam

**Evaluation:** Quizzes 15% Discussion Board 15% Final Exam (Documentation of health assessment) 70% Final Exam (Practical) Pass/Fail The final exam grade for the course will be determined by the student’s successful completion and documentation of the health assessment. A rubric for evaluation of the documented assessment will be provided by the instructor. The practical component of the physical assessment will be pass/fail.

**Duplication (if applicable):**

Form Originator: ROXANNA Roxanne Amerson  
Form Last Updated by: ROXANNA Roxanne Amerson  
Form Number: 946  
Date Form Created: 2/4/2009  
Date Form Last Updated: 4/6/2009

### Approval

- **Chair, Department Curriculum Committee:**  
- **Department Chair:**  
- **Chair, College Curriculum Committee:**  
- **College Dean:**  

**Date:** 9/4/2009  
**Date:** 12/7/07  
**Date:** 7/8/07

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http://dprod9.clemson.edu/UCC/VNewCourseForm.aspx?hfformnum=946  
4/9/2009
CLEMSON UNIVERSITY
COLLEGE OF HEALTH, EDUCATION AND HUMAN DEVELOPMENT
SCHOOL OF NURSING

SYLLABUS
Nursing 319 – Health Assessment for RNs

Course Title and Number: Nursing 319 – 230 Health Assessment for RNs
Credits: 2 credits (2.0)
Prerequisites: Admission to RN-BS program
Meeting Time: Spring Semester 2010
Tuesday 10 – 12 (Web-enhanced course)

Faculty Responsible for Course: Arlene Johnson Ph.D., R.N., C.P.N.P.
Office: 437 Edwards Hall, Clemson campus
Office hours: Monday 1:00 – 3:00 PM
Phone: 864-656-1511
Email: aejohns@clemson.edu
Cell phone: (218) 310-0389 (before 1000 PM)

Course Description: Expands knowledge of health assessment techniques utilized with well or ill adult clients. Emphasis is on data collection as a basis for critical thinking in professional nursing practice.

Course Objectives:
1. Utilize interviewing techniques in assessing health, including obtaining a health history.
   a. Identify preliminary decisions to prepare for data collection.
   b. Understand assessment as a critical thinking process.
   c. Demonstrate appropriate methods for data collection.
2. Develop a systematic framework for organizing data.
3. Demonstrate the four techniques used in physical assessment: inspection, palpation, percussion, and auscultation.
4. Perform a complete head-to-toe physical examination on an adult.
5. Differentiate between normal and abnormal physical assessment findings.

Teaching/Learning Methods:
- Lecture and Online Discussion Board
- Quizzes
- Practice and demonstration of health assessment techniques
- Documentation of health history and physical examination findings

Textbook
Topical Outline

<table>
<thead>
<tr>
<th>DATE</th>
<th>LECTURE</th>
<th>CHAPTERS</th>
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</thead>
<tbody>
<tr>
<td>WEEK 1</td>
<td>Introduction to Health Assessment, Developmental Considerations, Cultural Competence</td>
<td>Ch. 1, 2, 3</td>
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<tr>
<td>WEEK 2</td>
<td>Interviewing, Health History, Pain Assessment, Vital Signs, Nutritional Assessment</td>
<td>Ch. 4, 5, 8, 9, 10</td>
<td>Quiz and/or Discussion Board</td>
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<tr>
<td>WEEK 3</td>
<td>Skin, Hair, and Nails, Lymph System, Head, Face, Neck, Mouth, Throat, Eyes, Ears</td>
<td>Ch. 11, 12, 13, 14, 15, 16</td>
<td>Quiz and/or Discussion Board</td>
</tr>
<tr>
<td>WEEK 4</td>
<td>Thorax and Lungs, Breast exam, Cardiovascular</td>
<td>Ch. 17, 18, 19, 20</td>
<td>Quiz and/or Discussion Board</td>
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<tr>
<td>WEEK 5</td>
<td>Abdomen, Genitalia, &amp; Rectum</td>
<td>Ch. 21, 24, 25, 26</td>
<td>Quiz and/or Discussion Board</td>
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<td>WEEK 6</td>
<td>Musculoskeletal, Neurological</td>
<td>Ch. 22, 23</td>
<td>Quiz and/or Discussion Board</td>
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<tr>
<td>WEEK 7</td>
<td>Practical Final Exam</td>
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Written Assignment:

Document the health history and physical exam findings of an adult according to a health assessment model. Medical terminology must be accurate and appropriate for the level of the learner (baccalaureate nursing student).

Evaluation Plan:

Quizzes 15%
Discussion Board 15%
Final Exam (Documentation of health assessment) 70%
Final Exam (Practical) Pass/Fail

The final exam grade for the course will be determined by the student’s successful completion and documentation of the health assessment. A rubric for evaluation of the documented assessment will be provided by the instructor. The practical component of the physical assessment will be pass/fail.

90-100 % = A
80-89 %  = B
75-79 %  = C
70-74%   = D
F = Below 70

The student must earn 75% or greater on documentation and pass the physical examination component to pass the course.
Academic Integrity

"As members of the Clemson University community, we have inherited Thomas Green Clemson's vision of this institution as a 'high seminary of learning.' Fundamental to this vision is a mutual commitment to truthfulness, honor, and responsibility, without which we cannot earn the trust and respect of others. Furthermore, we recognize that academic dishonesty detracts from the value of a Clemson degree. Therefore, we shall not tolerate lying, cheating, or stealing in any form."

"When, in the opinion of a faculty member, there is evidence that a student has committed an act of academic dishonesty, the faculty member shall make a formal written charge of academic dishonesty, including a description of the misconduct, to the Associate Dean for Curriculum in the Office of Undergraduate Studies. At the same time, the faculty member may, but is not required to, inform each involved student privately of the nature of the alleged charge."

Attendance

Regular and punctual attendance at all classes, online, and laboratory sessions is a student obligation, and each student is responsible for all the work, including tests and written assignments. If a student is absent from class, it is the student's responsibility to obtain material missed during that period. Students who are unable to take scheduled exams or meet other course deadlines must notify the instructor prior to that time to make other arrangements. Missing a scheduled course assignment, presentation, or exam without prior notification and approval of the faculty will result in a grade of zero. The instructor may drop any student who has missed two (2) live classes. This number does not include excused absences which are defined as: illness with a written explanation signed by a physician or a member of a Redfern Health Center; official university activities with a written request for excuse in advance from the appropriate university official; and family/personal emergencies with a written excuse from the Office of Student Affairs. Excuses other than those involving official university functions are expected within one (1) week of the absence(s). Students must review all of the classroom discussions. Students are expected to check Blackboard and webmail at least 3 times weekly.

Online course:

"In this online course, you will interact with the content, instructor and classmates on at least a weekly basis through course assignments, asynchronous discussions and/or synchronous sessions as indicated in the class syllabus."

*If the faculty is more than 15 minutes late to class, students are allowed to leave.

Disabilities

It is University policy to provide, on a flexible and individualized basis, reasonable accommodations to students who have disabilities. Students with disabilities needing accommodations should contact the Office of Student Disability Services in G24 Redfern Health Center, 656-6848. If you have a documented disability that requires accommodation, you must notify the professor in writing during the first week of classes.