

KIMBERLY G. TRAMMELL, MS, APRN, AGPCNP-BC

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103 Wilson Way
Anderson, SC 29621

EDUCATION

- MS** Clemson University, Nursing May 2015
Adult Geriatric Nurse Practitioner; GPA: 4.0
Graduate Student Award of Excellence
Phi Kappa Phi Honor Society
- BS** Clemson University, Nursing May 2008
Graduated Cum Laude; GPA 3.51
Life Scholarship recipient (2004-2008)
Sigma Theta Tau Honor Society of Nursing
End-of-Life Nursing Education Consortium (ELNEC) Scholarship

WORK EXPERIENCE

- Clemson University**, Clemson, SC August 2018 to Present
Lecturer, School of Nursing
Works as lead teacher, clinical coordinator, and clinical faculty in multiple courses at the bachelorette and graduate levels. Creates useful and critical thinking classroom lectures and discussions based on course objectives by sharing experiences and incorporating guest speakers to enhance learning. Assesses student knowledge in the classroom by creating and analyzing exams, reviewing projects, papers, and discussion boards while providing feedback. Delivers interactive learning experiences in the simulation and clinical areas. Collaborates with faculty and serves on committees to ensure Clemson School of Nursing remains a Center of Excellence.
- Lifesource Inc.**, Upstate South Carolina Feb 2016 to July 2020
Nurse Practitioner, Geriatric Psychiatry
Provided adult and geriatric psychiatric care in long-term care and assisted living facilities via in-person and telehealth. Collaborated with multidisciplinary team members, administration, and staff. Assessed, diagnosed, and provided compassionate evidence-based care to clients with mental illness. Educated staff and families about mental health diagnoses, medications, and behavioral interventions
- Geriatric Practitioner Solutions**, Upstate South Carolina July 2015 to Feb 2016
Nurse Practitioner, Geriatric Primary Care
Provided holistic care to the geriatric population in the long-term care and rehabilitation setting. Used evidence-based guidelines, along with individual assessments to evaluate and treat residents with multiple chronic illnesses, consulting with other providers when needed. Communicated and collaborated with the interdisciplinary team to provide quality care.

Clemson University, Clemson, SC
Graduate Teaching Assistant, Nursing

Aug 2013 to May 2015

Taught an undergraduate nursing clinical group each semester for Medical-Surgical I course. Instructed and evaluated skill performance, such as: bathing and feeding a patient, sterile technique, dressing change, injections, medication administration, foley catheter insertion, etc. Worked with lead teacher in instruction of nursing assessment, plan of care and evaluation. Provided supervision and clinical education to students in the clinical setting. Validated students learning and professional growth.

WakeMed Hospital, Raleigh, NC
Registered Nurse, Cardiac Catheterization Lab

May 2012 to Aug 2013

Provided assessment, intervention with administration of moderate sedation and other medications, and continuous evaluation of patient. Worked as a team in critical procedures such as patients with STEMI. Educated patient, family, and staff on procedure and aftercare.

St. Joseph's Hospital, Atlanta, GA
Registered Nurse, Cardiac Critical Care Unit

Aug 2008 to May 2012

Completed Saint Joseph's Hospital New Graduate Nursing Residency Program, including rotations in Post-Cardiac Catheterization Unit, GI Medical-Surgical Unit, and Cardiac Critical Care Unit. Completed Cardiac Critical Care 12-week Residency Program. Advocated and facilitated care for critically ill patients with cardiac diseases such as acute MI, cardiogenic shock, heart failure, cardiomyopathy, cardiac arrest, as well as patients preparing for LVAD placement and CABG; also patients recovering from thoracotomies. Collaborated with multidisciplinary team members to personalize patient plan of care. Educated patients and families on procedures, interventions, medications, and rehabilitation.

PRESENTATIONS AND INVITED LECTURES

Gonzales, L., Saccocio, S., Trammell, K., Fasolino, T., Henry Gomez, T., Stanley, L., Albano, D., Wright, M.E., Koci, A. (October 2020). *Adjusting Bowel Regimens When Opioids Are Prescribed in Older Adults in Appalachia, SC: A compassionate provider education and research project*. Educational session presented at the Appalachian American Alliance of Nurse Practitioners of Clemson University School of Nursing, Greenville, SC.

Gonzales, L., Stanley, L., Albano, D., Trammell, K., Henry Gomez, T., Valentine, K., Saccocio, S., Fasolino, T., Koci, A., Deas, V., Wright, M.E. (October 2021). *Appalachian Upstate SC & the Social Determinants of Health: A compassionate provider education and research project*. Educational session presented at the Appalachian American Alliance of Nurse Practitioners of Clemson University School of Nursing, Greenville, SC.

RESEARCH EXPERIENCE

<i>Study of Education (TED-talk) for APRNs in Appalachia about Social Determinants of Health and Opioid Induced Constipation</i>	2020-Present
<i>Increasing conversations about end-of-life (EOL) planning for culturally, racially, and ethnically diverse (CRED) older adults in Appalachia, SC.</i> Seed Grant	2020-Present
<i>Social and Psychological Variables Associated with Adolescent Suicide</i> Literature Review	2014

CERTIFICATIONS

ANCC Board Certified Adult Geriatric Family Nurse Practitioner	Current through 7/2025
SC APRN License #19579	Current through 4/2024
Prescriptive Authority #A19579	Current through 4/2024
BLS Certification	Current through 1/2023
COVID-19 Contact Tracing Certification	2020
Certified Critical Care Registered Nurse	2012–2015

PROFESSIONAL AFFILIATIONS

Gerontological Advanced Practice Nurses Association	2019-Present
The National Organization of Nurse Practitioner Facilities	2018-Present
Phi Kappa Phi Honor Society	2014-Present
American Association of Critical Care Nurses	2012-2015

PROFESSIONAL SERVICE

Nursing Honors Student Advisor/Lead Teacher	
Robinson, NURS 415 Community Health -4000	2022
Sanchez, NURS 415 Community Health-4000	2022

COMMUNITY SERVICE

St. John's Clothes Closet, Anderson, SC	2021-Present
Mental Health Board of Anderson, Anderson, SC	2017-Present

REFERENCES

Dr. Kerry Wheeler, DO

Vice President/Medical Director
Physicians Services Group of SC
Phone: 910-622-9360
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Margaret A. Wetsel, Ph.D., RN

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