Bi-Weekly Resources and Tips for Development and Wellness for Faculty and Staff

#CUStayConnected

Training  Engagement  Tips

MY DAY MONDAY

Looking for something new to read? Check out The 15 Best Books on Professional Development for some inspiration!

Strategic Inclusive Excellence Certificate Workshop: Interfaith Literacy on 2/22/21 at 1:00 PM | Register HERE

Tip: How to Set Meaningful Goals presented by DeerOaksEAP

TIP TUESDAY

Registration is now open for the 2021 Women in Leadership Conference on 3/6/21 – Find more info HERE

Percipio Course: Tips for Employees during your Performance Evaluation Meeting

Here’s 10 easy ways to make working from home productive and fun!

WELLNESS WEDNESDAY

Empathy Workshop Series: Applying Empathy on 2/24/21 @ 5:00 PM | Find more info and register HERE

Supervisor Training: Championing the Staff Performance Management Process on 3/3/21 @ 8:30 AM | Register HERE

Tedx Talk: The Power of Mindfulness – What You Practice Grows Stronger by Shauna Shapiro

THANKFUL THURSDAY

Join Tigers Tackle… Healthy Cooking with Hali on 3/4/21 @ 7:30 PM -- Find more info HERE

Supervisor Training: One Clemson – Equitable Treatment and Civility in the Workplace on 2/25/21 and on 3/4/21

Article: 6 Tiny Ways to be Thoughtful at Work

SOLID ORANGE FRIDAY

Want to have some fun in your next team meeting? Here’s 10 COVID-Friendly Engaging Activities for Team Building

Content Creation: Becoming an Author in Tiger Training on 3/5/21 @ 10:30 AM | Register HERE

March 5th is National Day of Unplugging – learn more about the history of today and how to celebrate HERE

OTHER RESOURCES

- Health and Wellness Page
- Clemson COVID-19 Website
- COVID-19 Supervisor Resources
- COVID-19 Faculty and Staff Resources
- Mental Health and Well-being
- Telecommuting Guidance
- HR Homepage

ENGAGEMENT RESOURCES

Share Your Feedback!
Let us know what you think about the #CUStayConnected newsletter

Let’s Connect! Use the hashtag of the day along with #CUStayConnected on your social media platforms

Contact us with newsletter ideas and to receive the weekly email

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PRO-DEV

February Professional Development Calendar Available