#CUStayConnected

Weekly Resources and Tips for Development and Wellness for Faculty and Staff

**MONDAY, JULY 6TH**

- Psychology Today: How Emotional Intelligence Might Improve Your Work
- Short Course: Creating S.M.A.R.T Goals for Staff Performance Planning
- Clemson EAP: COVID-19 Travel Advice
- #MyDayMonday

**TUESDAY, JULY 7TH**

- CU Equity, Inclusion, and COVID-19 Series: The Impact on Persons with Disabilities @ 2-3 PM
- How to Stay Cool as Summer Heats Up
- #TipTuesday

**WEDNESDAY, JULY 8TH**

- July is National Parks Month – Check out these SC Parks
- TED Talk: Simon Sinek – How Great Leaders Inspire Action
- How to Make No-Sew Homemade Face Masks
- #WellnessWednesday

**THURSDAY, JULY 9TH**

- CU Equity, Inclusion, and COVID-19 Series: The Impact on the LGBTQ+ Community @ 10 – 11 AM
- Staff Performance Tracking and Feedback Training for Employees / Supervisors
- Yale experts offer families tips for a safe 2020 summer
- #ThankfulThursday

**FRIDAY, JULY 10TH**

- Tips for Managing Socially Distanced Conflict
- Percipio: The Power of Insight: How Self-Awareness Helps Us Succeed at Work and in Life
- Clemson MBB Story – A Special Bond
- #SolidOrangeWFHFriday

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**ENGAGEMENT RESOURCES**

Share Your Feedback!
Let us know what you think about the #CUStayConnected newsletter

Let’s Connect! Use the hashtag of the day along with #CUStayConnected on your social media platforms

Contact us with newsletter ideas and to receive the weekly email

**OTHER RESOURCES**

- Health and Wellness Page
- Clemson COVID-19 Website
- COVID-19 Supervisor Resources
- COVID-19 Faculty and Staff Resources
- Mental Health and Well-being
- Telecommuting Guidance
- HR Homepage

**PRO-DEV**

July Professional Development Calendar Available