#CUStayConnected
Bi-Weekly Resources and Tips for Development and Wellness for Faculty and Staff

## Training
- **Monday**
  - Article: Rebuilding Social Connections (After the Pandemic Ends) presented by DeerOaksEAP
  - Supervisor Training – Mending Misconduct: Performance and Discipline on 3/8/21 @ 8:30 AM | Register HERE
- **Tuesday**
  - Article: How to Relax – The Mind-Body Connection presented by DeerOaksEAP
- **Wednesday**
  - Stay Interview Training on 3/10/21 @ 8:30 AM | Find more information and register HERE
- **Thursday**
  - Article: 4 Ways Music Can Help Boost Productivity at Work
- **Friday**
  - Article: 17 Microsoft Teams Tips and Tricks You Didn’t Know You Needed

## Engagement
- **Monday**
  - Article: Dealing with Work Stress presented by DeerOaksEAP
- **Tuesday**
  - Online, Self-Paced Webinar: Planning for Success presented by DeerOaksEAP (available March 16th)
- **Wednesday**
  - March is Women’s Celebration Month: check out the Clemson Commission on Women’s website for events/activities to attend!
- **Thursday**
  - Article: 17 Microsoft Teams Tips and Tricks You Didn’t Know You Needed
- **Friday**
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## Tips
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## Development
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## OTHER RESOURCES
- Health and Wellness Page
- Clemson COVID-19 Website
- COVID-19 Supervisor Resources
- COVID-19 Faculty and Staff Resources
- Mental Health and Well-being
- Telecommuting Guidance
- HR Homepage

## ENGAGEMENT RESOURCES
- Share Your Feedback!
  - Let us know what you think about the #CUStayConnected newsletter
- Let’s Connect!
  - Use the hashtag of the day along with #CUStayConnected on your social media platforms
  - Contact us with newsletter ideas and to receive the weekly email

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## March Professional Development Calendar Available

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- **Tuesday**
  - Article: 4 Ways Music Can Help Boost Productivity at Work
  - Supervisor Training – Hiring Process and Effective Interviewing on 3/11/21 @ 8:30 AM | Register HERE
- **Wednesday**
  - Stay Interview Training on 3/10/21 @ 8:30 AM | Find more information and register HERE
  - Access the Provost’s Caregiver Resources PDF for childcare resources, eldercare resources, and tutor resources HERE
- **Thursday**
  - Article: How to Relax – The Mind-Body Connection presented by DeerOaksEAP
  - Supervisor Training – Hiring Process and Effective Interviewing on 3/11/21 @ 8:30 AM | Register HERE
  - Need help organizing your work from home office? Here’s The 27 Greatest Decluttering Tips of All Time
- **Friday**
  - Article: Rebuilding Social Connections (After the Pandemic Ends) presented by DeerOaksEAP
  - Access the March HR Pro-Dev Calendar for more training and professional development opportunities this month!
  - Article: Clemson-sponsored programs offer measurable path to success for underrepresented youth