# 2017 REPORT TO THE PEOPLE: FAIRFIELD COUNTY

### Fairfield Youth Practice Leadership

Jeffery Feaster, Harrison Kennedy, Gerrell Lawhorne, Alexis Williams, Dayan Woodard and Antoine Young were selected to attend The SC 4-H Pinckney Leadership Conference held this past summer on the Clemson University Campus. These teens were selected after submitting an essay discussing the importance of Leadership. PLC was created as a memorial to the Late Senator Clemente Pinckney, a former 4-Her, who went on to become an honored and respected leader in his community and across the state. His wife, Jennifer Pinckney (pictured above) visited the conference to share memories of her husband and to inspire youth to continue Senator Pinckney's Legacy of leadership and courage. Across the state, 30,000 youth participated in a 4-H Citizenship/Leadership program such as Pinckney Leadership Conference. Research shows that participation in such programs can have a lasting effect on youth. These Fairfield County teens have already begun to practice strategies learned at the conference by returning to their communities to serve as 4-H ambassadors, mentors, leaders, and productive citizens. They continue to make valuable contributions to their communities and the Fairfield County 4-H Program.



Pictured: Harrison Kennedy, Jennifer Pinckney, wife of Late Senator Clemente Pinckney, Antione Young and Alexis Williams not pictured Gerrell Lawhorne, Jeffery Feaster and Dayan Woodard



▲ Faith Isreal, Food Safety and Nutrition Agent

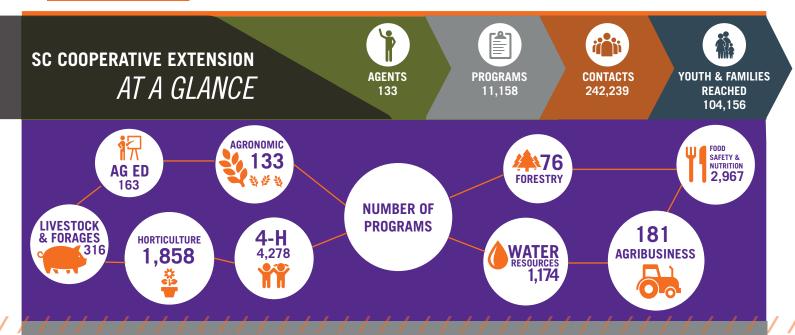
# A new Food Safety & Nutrition Agent

Fairfield County Extension office welcomes Faith Isreal as the new Food Safety & Nutrition Agent. Since starting in August, Isreal has coordinated lessons with the Winnsboro Senior Center, which will be held monthly as well as with Carolina Community Actions of Fairfield. In honor of National Apple and National Cranberry month the theme with Carolina Community Actions was "Consume the Colors". With 44 people in attendance, the workshop was centered on nutritional recipes with apples and cranberries to demonstrate how to budget and utilize similar ingredients for multiple recipes.

The Fairfield County residents that attended this workshop received reusable grocery shopping bags, a weekly meal planning guide, reusable grocery shopping guide, recipes and resources to help put in action shopping strategies to expand food dollars and increase fruit and vegetable consumption. If you are interested in learning more about nutrition or would like to request programming, Food Safety & Nutrition Agent Faith Isreal would be more than happy to assist you. Please contact at fisreal@clemson.edu or 803.865.1216.



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#### Garden Camp Horticulture Agent Jack

Horticulture Agent Jackie Jordan is passionate about gardening and loves sharing her experiences and knowledge with the citizens of Fairfield County. She partnered with 4-H agent Jennifer Stevens to teach youth about gardening during Jennifer's Winnfield West Spring Break Go and Grow Mini Camp. Campers were taught how to correctly plant and care for plants from seed. Campers also planted a butterfly garden. If you are interested in learning more about gardening or would like to request programming Horticulture Agent Jackie Jordan would be more than happy to assist you. Please contact her via the Fairfield County Extension Office.

Planting seeds



Several young residents at Winnfield West Apartments attended a 4-H mini-camp. The Go and Grow Mini Camp was held at The Winfield West Apartment Complex Community Center. Youth residents participated in fun activities that focused on healthy lifestyles, gardening and physical activity. Campers were able to plant vegetables in individual pots to grow in their own homes. The camp concluded with residents planting a butterfly garden on the grounds of the complex.

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