Rain Gardens: An Attractive and Easy Way to Protect Our Water Resources

General Rain Garden Requirements

(1) A suitable area located between the rainwater source and its destination — either a depressed area in your yard or where water flows naturally — and is at least 10 feet from the home and at least 25 feet from a septic tank leach field.

(2) Materials:
   a. an appropriate soil-mix (50-60% sand, 20-30% top soil, and 20-30% compost). Check your native soil first by getting a soil test from your Extension office!
   b. native plants (a hardy mix of grasses, small shrubs, and self-seeding perennials are good choices, especially those that are both wet- and drought-tolerant)
   c. a dense-material mulch that won’t float away,

(3) Earth-moving tools (or shovels and help) to excavate the depth, and a tilling machine to amend and fluff the soil.

(4) A desire and willingness to manage your runoff (stormwater) and protect water quality.

How to Build a Rain Garden

The size for the rain garden area depends on the size of the area to be drained and the ability of the soil to drain surface water. A rule of thumb is that the rain garden area should be approximately 20% of the drainage area (including rooftops, driveways, and other impervious surfaces) in well-drained, sandy soils, and between 20-60% of the drainage area in more poorly drained, loamy soils. It’s also important to select a location with a seasonally high water table depth no shallower than 18 inches to ensure proper drainage. The excavated area should be 6-8 inches deep, and the area should be typically 8-10 ft. wide in the direction of stormwater flow. Perforated irrigation pipe can be used to spread water flow into the garden. And be sure not to plant too many plants — they will grow and fill the space!

More elaborate designs may include the addition of underground corrugated pipes to convey rooftop runoff from downspouts to the rain garden. Additionally, you can add a rain barrel to your downspout which would collect the water that you could re-use for irrigation (saving you money)!

A rain garden is an appealing landscape feature that can easily be installed by the homeowner to manage their property’s runoff and protect the quality of our streams, lakes, wetlands, and oceans. A rain garden typically receives runoff water from roofs and other impervious (hard) surfaces such as driveways and sidewalks. The rain garden holds water on the landscape so that it can infiltrate (drain) into the ground and be used by plants instead of flowing into a street and down a storm drain or drainage ditch.

For more information, contact your County Clemson Extension Office
www.clemson.edu/extension/counties1.htm
or
Download a FREE Rain Garden Manual produced by Clemson University at
www.clemson.edu/carolinaclear.
Plant List for Rain Gardens
(including blooming months)

LARGE TREES (over 30’ tall)

Deciduous
- Red Maple – *Acer rubrum* – Feb-Mar
- River Birch – *Betula nigra* – Mar-Apr
- Green Ash – *Fraxinus pennsylvanica* – Apr
- Black Gum – *Nyssa sylvatica*
- Willow Oak – *Quercus phellos*
- Willows – *Salix* species – Mar-Apr
- Bald Cypress – *Taxodium distichum*
- Pond Cypress - *Taxodium ascendens*

Evergreen
- Southern Magnolia – *Magnolia grandiflora* – May-Jun
- Longleaf Pine – *Pinus palustris* – Apr
- Swamp Laurel Oak – *Quercus laurifolia*

SMALL TREES (under 30’ tall)

Deciduous
- Red Buckeye – *Aesculus pavia* – Apr-May
- Ironwood – *Carpinus caroliniana*
- Redbud – *Cercis canadensis* – Mar – Apr
- Fringe Tree – *Chionanthus virginicus* – Jul-Sept
- Hawthorn – *Crataegus marshalli* – Apr-May

Evergreen
- Dahoon Holly – *Ilex cassine*
- American Holly – *Ilex opaca*
- Red Cedar – *Juniperus virginiana*
- Sweet Bay – *Magnolia virginiana* – Apr-Jul
- Wild Olive – *Osmanthus americanus* – Apr-May
- Red Bay – *Persea borbonia*

ORNAMENTAL GRASSES

River Oats – *Chasmanthium latifolium*
- Muhly Grass – *Muhlenbergia capillaries*
- Sweetgrass – *Muhlenbergia filipes* – Oct-Nov
- Switch Grass – *Panicum virgatum* – Jun-Oct

SEDGES AND RUSHES

- Lurid Sedge – *Carex lurida*
- Fringed Sedge – *Carex crinita*
- Southern Waxy Sedge – *Carex glaucescens*

SHRUBS

Deciduous
- Beautyberry – *Callicarpa americana* – Jun-Jul
- Sweet Shrub – *Calycanthus floridus* – Apr-May
- Buttonbush – *Cephalanthus occidentalis* – Jun-Aug
- Pepperbush – *Clethra alnifolia* – Sept-Oct
- Witch Alder – *Fothergilla gardenia* – Sept-Oct
- Winterberry – *Ilex verticillata*
- Swamp Rose – *Rosa palustris* – May-Jul
- Possumhaw – *Viburnum nudum* – Mar-Apr

Evergreen
- Inkberry – *Ilex glabra*
- Yaupon – *Ilex vomitoria*
- Anise Shrub – *Illicium parviflorum*
- Coastal Leucothoe – *Leucothoe axillaries* – Mar-May
- Wax Myrtle – *Myrica cerifera*
- Dwarf Palmetto – *Sabal minor*

PERENNIALS

- Blue Star – *Amsonia tabernaemontana* – Mar-Apr
- Red Milkweed – *Asclepias rubra* – Jun-Jul
- Climbing Aster – *Aster carolinianus* – Sept-Oct
- False Indigo – *Baptisia* species – Apr-Sept
- Tickseed – *Coreopsis angustifolia* – Aug-Oct
- Joe Pye Weed – *Eutatorium fistulosum* – Jul-Oct
- Swamp Sunflower – *Helianthus angustifolius* – Jul – frost
- Swamp Mallow – *Hibiscus moscheutos* – May-Sept
- Blue Flag Iris – *Iris virginica* – Apr-May
- Seashore Mallow – *Kosteletsky virginica* – Jun-Oct
- Blazing Star – *Liatris spicata* – Sept-Oct
- Cardinal Flower – *Lobelia cardinalis* – Jul-Oct
- Carolina Phlox – *Phlox carolina* – May-Jul
- Black-eyed Susan – *Rudbeckia fulgida* – Aug-Oct
- Goldenrod – *Solidago rugosa* – Aug-Nov

FERNS

- Southern Lady Fern – *Athyrium aequilobum*
- Cinnamon Fern – *Osmunda cinnamomea*
- Royal Fern – *Osmunda regalis*
- Marsh Fern – *Thelypteris palustris* – Jun-Sept