

PROFESSIONAL 74 HOURS

GOALS

Gain new service license according to the Board of Barbering and Cosmetology.

Learn a Foreign Language

Stay competitive/up-to-date with trends/changes in my profession

Learn a Life Saving Skill

ACTIVITIES

Take management/marketing classes or business training so that I can become owner of my own salon. Attend financial classes so that I can keep track of expenditures and profits. I will learn skills to better myself and guarantee the highest standard of work for my salon staff. I will improve my social media skills (FaceBook, Twitter, Instagram, etc.) to be able to market to a broader range of clientele. Studies show that social media is the most effective way to reach potential clients without the cost of expensive advertising.

To support the diversity on this ever changing campus, I will take a Spanish class in order to communicate more easily with the increased Hispanic population. Being able to interact with Hispanic students, faculty and staff will build a more inclusive community.

Attend a trade show or seminars to network with colleagues and see new and innovative tools and products available to keep up with current styles and techniques.

Because I work with the public, I feel that I need to learn Life Saving Skills. Being around people all day, whether it be in my salon or on campus, I want to be able to respond if a crisis should arise. I feel that by choosing my salon, my clients are putting their trust in me to know how to help if needed. Being certified in Cardiopulmonary Resuscitation / Automated External Defibrillator (CPR/AED) gives me the confidence and skills to successfully assist and protect my clients and the Clemson University community.

LOCATION / HOURS

University Ed to Go Class
26 hrs.

University Ed to Go Class
22 hrs.

Atlanta Cosmetology Trade Show,
September 2-5, 2017.
Approx 20 hrs.

Clemson University & American Red
Cross Course - AL3510
CPR/AED Certification - hybrid
course offered Fall semester partially
online with classroom hours and labs.
24 hours

By completing these goals I will have the latest information available and have a greater knowledge of skills needed to advance in my job. Because others might not have the opportunity to learn during regular work hours, I will use those skills to teach others what I have learned so they too can benefit from my classes. By taking a foreign class, I will be able to interact more with the growing Hispanic population on campus or even in the community. Overall these goals could help me become a more diverse employee.

SERVICE 40 HOURS

GOALS

Volunteer my time and or services to those in need

Mentor a stylist at a local cosmetology school.

Educate myself on identifying signs of skin cancer

ACTIVITIES

I will volunteer monthly at local nursing homes to assist with elder care providing emotional and physical support to the elderly in my community.

I will volunteer my services at a local funeral home to comfort those family members in distress at the loss of a loved one.

I will volunteer at my local Haven of Rest Men's Shelter by providing haircuts for those in need. Helping these men with their personal appearance will give them the confidence they need to successfully interview for a new job or appear professional if already employed.

Choose a student at the local school to mentor and train at no cost. Be there to answer any questions and show them specific techniques on things I've learned. Have the student come to my salon for job shadowing to see day to day operations in order to be successful.

Encouraging a young man or woman in a new career path is invigorating and beneficial to my own growth as it often teaches me as much as they are learning.

Take classes online or at my local health department on the first signs and stages of skin cancer. Often hair stylists are the first to see skin moles on a client's scalp. Early detection lessens treatment length and severity and could potentially save my client's life.

LOCATION / HOURS

Local Nursing facility
20 hrs.

ABC Cosmetology School
20 hrs.

American Cancer Society. Online and through a self paced guide
20 hrs.

Providing a service or volunteering for those in your community not only gives you a sense of purpose, but a sense of pride. That pride can also come from simply helping a co worker with a difficult task. By lending a helping hand, they in turn can help others. Becoming a mentor will help me to become more engaged in the University. It all makes for a stronger "pay it forward" workplace environment, one that I know I want to be a part of!

PERSONAL 26 HOURS

GOALS

Take time to exercise more

Read Self-Help and Leadership Skills book

ACTIVITIES

I plan to exercise at least 3 times a week, incorporating weight bearing exercises. Because my job requires me to stand all day, I want to concentrate on my legs and back, strengthening my core.

Research and read self-help books that would help me better understand my clients or better understand my employees and how to have a great relationship with them. Two books that might help achieve this goal might be: "How to deal with Difficult People", or "Coping with Difficult People".

Other titles that would help with leadership skills, might be "The Little Black Book of Leadership Secrets" or "Fundamentals of Crew Leadership".

LOCATION / HOURS

My Local gym
30 hrs.

Library or Home
6 hrs.

Both of these goals will help me be a more productive employee inside and out. With daily exercise, my body will be strengthened so that I can endure long hours of standing up styling hair. I will be able to be more productive while at work, while showing my co-workers that hard work and commitment pays off. By reading and understanding the books I've chosen, I will be able to incorporate the lessons learned so that I will be a better employee for the University and be a better co-worker to my staff.