## CLEMSON UNIVERSITY OMBUDS OFFICE WHAT IS MEDIATION?

**TESSA BYER, UNIVERSITY OMBUDS** 

Mediation is an opportunity to sit down with someone in your life and have an informal and confidential conversation about your shared situation with a trained neutral to facilitate. Mediation might lead to an agreement about how to move forward, but you get to control whether an agreement is reached and what that agreement entails.

## WHY CHOOSE MEDIATION?

You want a chance to talk, listen, and be heard in a safe space.		p r fi c	You want to preserve the relationship and figure out how to collaborate productively.			Something needs to be addressed, but you don't think a formal complaint is appropriate.			Mediation is low risk and voluntary. You can end the process and return to your other options at any time.	
It's very successful. Mediation has an 80–90% success rate.		·	The mediator is neutral and is not going to judge you or your situation. This is a chance to figure out how to move forward.			ſ	Mediation takes less time than a formal process.			
	You control the outcome. No one will force you to agree to anything in mediation.		Whe staff for r equa	et f; mal	yone is <b>equal</b> in mediation. ther you are a student, faculty, or whether you initiated the request mediation or not, everyone has an I chance to listen, be heard, and a say in how to move forward					



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