

Exam Preparation Outline

Overview of Exam Preparation Outline

A detailed plan is the best offense for minimizing the stress that comes with exam preparation. The outline below provides you with a starting point to create a plan that will work for you. To engage in this process effectively, consider the following information:

- What is the date of your exam (consider using the ASC 5-day exam preparation guide)?
- What concepts will be covered and what goals do you have for preparation?
- What resources do you have/will you need to prepare?
- What challenges do you anticipate encountering and how will you address them?
- What mindset do you have toward your exam (consider reviewing the ASC growth vs fixed mindset guide)?

To maximize your time and energy, make sure your plan is both realistic and timely. Fill in the information below to create your own personalized exam preparation outline.

Exam Details: Fill in the following information about your exam.

Course Subject Code/Number: _____ Exam Date: _____

Concepts Covered on the Exam: _____

Study Materials: Circle all that apply.

Textbook Chapters

Class Notes

Practice Exams

PowerPoint Presentations

Example Problems

Old Quizzes/Classwork

Flashcards

Study Guides

List other study materials you may need below:

Challenges and Action Plans: Identify challenges you anticipate and how you plan to resolve them.

Challenge. _____

Resolution. _____

Exam Mindset: Write a fixed mindset statement about your exam. Revise it to reflect a growth mindset.

Fixed Mindset Statement. _____

Growth Mindset Statement. _____

Goals for Preparation: Identify 1-2 goals you have for your exam preparation process.

1. _____

2. _____