

**Mylene Boudreau, MSN, APRN, FNP-C**  
**Family Nurse Practitioner**

[Myleneb@clemson.edu](mailto:Myleneb@clemson.edu)

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**Personal summary**

- 3 years experiences as a clinical faculty in Clemson School of Nursing and French lecturer in Language and International Health.
- 4 years experiences as a primary care provider in urgent care clinic.
- 4 years experiences employee wellness and occupational health. Medical examiner, US DOT certified.
- 10 years experiences as a registered nurse providing and managing direct care, counseling and education to adults and geriatrics in the fields of cardiac ICU, internal medicine, Med/Surg, heart failure clinic, homecare and hospice.
- Experience teaching in a nursing school in Japan, teaching languages and supervising nursing students in hospital setting.
- International experience working as a registered nurse and as a language teacher in Switzerland and Japan.
- 500 hours clinical experience in family medicine.

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**Education**

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| <b>Master of Science in Nursing: Family Nurse Practitioner</b><br><i>Augusta University, Augusta, Ga.</i> | May 2015  |
| <b>Bachelor of Nursing Sciences</b><br><i>University of Montreal, Montreal, Canada</i>                    | 1996-1999 |
| <b>Associate Degree in Nursing</b><br><i>Sorel-Tracy College, Sorel-Tracy, Canada</i>                     | 1993-1996 |

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**Professional Experience**

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| <b>Part-time Clinical Faculty and Lecturer</b><br><b>Clemson University</b><br>School of Nursing, Medical-Surgical Nursing Simulation Lab<br>Department of Languages, Language and International Health   | Jan2018-Present    |
| <b>Family Nurse Practitioner</b><br><b>Bon Secours Health System, Express Care</b> <ul style="list-style-type: none"><li>• Works independently and responsible for managing clinic, medical assistant and front office assistant.</li><li>• Obtains patient history, performs health assessment, orders, performs and interprets diagnostic procedures.</li><li>• Provides and documents direct treatment and management of health conditions.</li><li>• Performs minor procedure such as suturing, I&amp;D, wound care.</li><li>• Performs preventative health assessments, screening, immunizations and care.</li></ul> | June2016-April2020 |
| <b>Family Nurse Practitioner</b><br><b>Bon Secours Health System, Employee wellness and Occupational Health</b>   | June2016-April2020 |

- Conduct and continuously improve upon Employee Health and Wellness Services offerings including, but not limited to: acute care for episodic illnesses such as infections, headaches, musculoskeletal complaints, allergies/asthma, etc.
- Orders, interprets and evaluates cost-effective diagnostic tests to identify and assess patients' clinical problems and health care needs
- Refers patients as appropriate for consultation or to specialized health resources for treatment including physical therapy.
- Provides and interprets on-site cholesterol and glucose screening, blood pressure readings, weight and body mass index measurements, and vision screening.
- Lifestyle counseling to promote healthy personal behaviors and habits, including smoking cessation, weight management, diet and physical activity, prevention and early identification of diseases such as hypertension/diabetes/obesity/osteoporosis, work and home safety precautions, alcohol use, domestic violence, unintended pregnancies, and sexually transmitted diseases. .
- Screens for mental health conditions with appropriate referrals.
- Provide high quality care doing new hire physical exams and DOT's physicals.

**Family Nurse Practitioner**

March- Oct2016

**Examination Management Services Inc.**

- Conduct comprehensive in-home health risk assessment to identify all active and chronic disease conditions as well as determine all physical, mental and social needs present at the time of the visit.
- Educate and counsel patient and family on any conditions identified during assessment and screening.
- Make recommendations and communicate findings through documentations of outcomes.

**Charge Registered Nurse**

Oct 2015-May2016

***Presbyterian Communities of South Carolina, Easley, SC***

- Coordinate and provide skilled nursing care and education to geriatric patients in needs of intensive and longer rehabilitation services (physical, occupational and speech therapy) in a continuing care community.
- Interdisciplinary work in collaboration with physician and therapists to develop personalized plan of care to help restore and maximize body function.

**Full time Mom and French Teacher**

May 2008 – Present

**Registered Nurse, Case Manager**

Sept.07-March 2008

***SouthernCare Hospice, Aiken, South Carolina, USA***

- Provided skilled and compassionate nursing care to terminally ill patients and families in their home or community and coordinated activities of home health care.
- Managed new admission, assessed, developed and evaluated personalized care plans.

**Nursing School English Teacher**

2006

***Tsukuba Nursing School, Tsukuba, Japan***

- Taught Japanese Nursing school students: medical and nursing terminology, basic anatomy, nursing theory, process, skills.

**Registered Nurse**

Sept.2001 – Dec 2005

***University Hospital of Lausanne (CHUV), Lausanne, Switzerland***

(Department in rotation: Critical Care Unit, Telemetry, Internal Medicine, Geriatric)

- Coordinated and provided total care and close monitoring to adult and geriatric patients awaiting for heart surgery as well as pre and post op cardiac catheterization, dilatation, pacemaker, defibrillator, cardioversion and electrophysiology studies.
- Provided skilled nursing care and education to patients with complex and diverse diagnosis such as: diabetes, pneumonia, COPD, pancreatitis, wound infections, renal failure, cirrhosis, cancer, palliative care.
- Managed total care and initiated inter-professional consultation and referrals in collaboration with physician.
- Supervised and supported nursing students and new employees. Participated in the application of protocols for new research studies

**Registered Nurse**

Sept. 99 - July. 2001

***Montreal Heart Institute, Montreal, Canada***

(Department in rotation: ICU, Critical Care Unit, Medicine/Surgery, Heart Failure Clinic)

- Coordinated and provided acute care, close monitoring and education to adult and geriatric patients pre and post operative heart surgery.
- Performed a broad scope of clinical procedures utilizing invasive and non-invasive monitoring equipment such as: Swan-Ganz catheter, ventilator, arterial line, intra-aortic balloon, EKG, defibrillator.
- Provided care, counseling, health promotion education, as well as in-site and telephone follow-up of patients with chronic heart failure in a clinic in collaboration with cardiologists.

**Charge RN, Camp Nurse**

1998-1999

***Camp Gatineau (mental and physical disabilities), Gatineau, Canada***

- Coordinated and provided primary health care to 700 kids and adults with special needs who suffers from the following illnesses: cerebral palsy, down syndrome, autism, diabetes, seizures, schizophrenia and more.
- Responsible for environmental health, safety and education of camp staff.
- Developed and implemented standard of procedures for health and safety in collaboration with camp director.

**Registered Nurse**

Sept. 98 -June 99

***Private duty home care, Montreal, Canada***

- Provided home nursing care, counseling and preventative education to a quadriplegic woman and her family.

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**Clinical Experience**

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| <b>AnMed Health Clemson Family Medicine</b><br>Family Medicine, 225 clinical hours   | Spring 2015     |
| <b>AnMed Health Clemson Family Medicine</b><br>Family Medicine, 135 clinical hours   | Fall 2014       |
| <b>Colonial Pediatrics of Aiken, SC</b><br>Pediatric medicine, 105 clinical hours  | Summer 2014     |
| <b>Internal Medicine Associates of Aiken, SC</b><br>Primary care practice, 135 clinical hours                                      | Spring 2013     |
| <b>Health &amp; Science Fair, GRACE Study Center, Graniteville, SC</b><br>Obstructive sleep apnea screenings provided to community | Spring 2013     |
| <b>Costa- Layman's health fair, GHSU, Georgia</b><br>Comprehensive health screenings and education provided to farmworker females  | Fall 2012, 2013 |

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### **Additional Skills**

**Basic Suturing, Incision and drainage, Pap smears, Chest Xray reading** January 2015  
**Language spoken/written:** English, French, Japanese (Japanese-language proficiency test, level 4)

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### **Community Service**

Clemson Elementary, First Lego Robotic team coach 2017  
Clemson Elementary School, classroom volunteer 2015-present  
Health & Science Fair at the GRACE Study Center in Graniteville, SC 2013  
Costa-Layman's Health Fair 2012-2014  
Member/Volunteer in medical emergency program in my community (600 residents) 2009-2014  
Participated in government sponsored health screening services during community activities.  
Developed and taught First Aid courses for social workers and camp monitors

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### **Awards/Honors**

Invitation to join Sigma Theta Tau Honor Society 2015  
Scholarship winner for academic results from Quebec's Government Education Minister 1997  
Student Merit for excellent academic results. Ranked First in class 1996

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### **Certifications**

Family Nurse Practitioner, American Academy of Nurse practitioner  
APRN, State of South Carolina.  
CPR and AED certified by the American Heart Association.  
ACLS and PALS by American Heart Association.  
Medical examiner by FMCSA, US DOT.

### **Professional Affiliations**

Upstate Nurse Practitioner Association of Greenville 2017  
American Academy Nurse Practitioner 2015