



# TIFFANY STEWART

**RN, DNP ©, MS, FNP-BC, PMHNP**

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## Professional Summary

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Dynamic ANCC board-certified Family Nurse Practitioner & Psychiatric Mental Health Nurse Practitioner with over 16 years' experience blending education and direct nursing care in community based home healthcare, psychiatry, and neurology. Personable and effective communicator with a strong commitment to providing top quality, holistic care to all ages. Strong clinical skills, as well as excellent interpersonal relationship skills in providing leadership in patient education and outcome improvement measures. Confident in utilizing my skills and experience to fulfill the role of Advanced Practice Nurse, Educator, and Researcher.

## Skills

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- Disease management and prevention
- Evidence based health promotion
- Dynamic speaking & presentations
- Creative techniques in patient/family education
- Community advocate
- Staff training and mentoring
- Preceptor for new nurses
- Focus on quality improvements and chart reviews
- Research on culturally-sensitive care
- Experienced in community based healthcare
- Lead teacher in collegiate setting
- Development of health based programs

## Experience

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UNITED HEALTHCARE, OPTUM  
HOUSECALLS | Columbia, MD

### Family Nurse Practitioner

09/2014 - Current

- Comprehensive review of medical history and recent symptoms
- Thorough physical examination with implementation of health screenings
- Built trust and rapport with patients by listening to concerns, advocating for wellness and educating on acute and chronic health issues
- Explained treatment plan care, physician-ordered tests and medication regimen to patients and caregivers
- Assessment of social and environmental living conditions

CLEMSON UNIVERSITY |  
Clemson, SC

**Nurse Educator**

*01/2015 - Current*

- Classroom instruction; lead instructor for Health Assessment & Community Health Nursing
- Mentoring of undergraduate nursing students
- Clinical instruction with incorporation of healthcare simulation

CLEMSON NEUROLOGY |  
Easley, SC

**Family Nurse Practitioner**

*8/2014 -12/2014*

- Comprehensive review of medical and social history
- Conducted neurology specialty examination with evaluation of current symptomology
- Diagnosis and treatment of complex neurological conditions
- Pharmacotherapy and diagnostic management

OCONEE HOME HEALTH |  
Seneca, SC

**Home Health Case Manager, RN**

*05/2013 - 7/2014*

- Perform all aspects of direct nursing care to a diverse patient population
- Coordination with the health care team to assess, plan, implement and evaluate patient care plans
- Instruct individuals, families and other groups on topics such as health education, disease prevention and chronic disease management
- Utilization review to decrease emergent care episodes; crisis management

INTERIM HEALTHCARE |  
Greenville, SC

**Home Health Coordinator, RN**

*5/2005 - 05/2013*

- Perform all duties required of a registered nurse in the community
- Research/Implementation of telehealth and chronic disease management programs to decrease hospitalizations
- Training/management of nurses and support staff

ANMED HEALTH |  
Anderson, SC

**RN-Staff Nurse**

*2003-2005*

- Perform all duties required of a registered nurse in an inpatient setting, including the areas of medical surgical, renal, diabetic, and labor/delivery
- Supervision of licensed/unlicensed personnel

OCONEE MEMORIAL HOSPITAL |  
Seneca, SC

**RN-Staff Nurse**

2003-2004

- Perform all duties required of a registered nurse in an inpatient setting, including the areas of labor/delivery, newborn nursery, and women's medical surgical

## Education and Training

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CLEMSON UNIVERSITY | Clemson SC

**Doctorate of Nursing Practice**

2020

UNIVERSITY OF SOUTH CAROLINA | Columbia SC

**Post Master Certification: Psychiatric Mental Health Nurse Practitioner**

2019

CLEMSON UNIVERSITY | Clemson SC

**Master of Science** in Family Nurse Practitioner/Nurse Educator

2014

- Summa cum laude graduate
- Sigma Theta Tau Honor Society of Nursing Invitee

CLEMSON UNIVERSITY | Clemson SC

**Bachelor of Science** in Nursing

2007

- Summa cum laude graduate

TRI COUNTY TECHNICAL COLLEGE | Pendleton SC

**Associate of Science** in Nursing

2003

- Vice President of class
- SC Student Nurses Association

## **Activities and Honors**

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AANP membership

Youth Leadership Academy of South Carolina Board Member

Nurses in Simulation Committee Member

APEX: Advanced Provider of Excellence

Admissions Committee Member: Registered Nurse to Bachelor of Science Program

## **Certifications**

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Advanced Practice Registered Nurse #18930

South Carolina Registered Nurse #91798

Prescriptive Authority #F18930

ANCC Board Certified

Basic Life Support for HealthCare Providers