Richard Louv, author and Chairman of the Children & Nature Network

"Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder"

Richard Louv, author of *Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder*, and chairman of the Children & Nature Network, spoke about the transformation in the relationship between children and nature, how society teaches young people to avoid direct experience in nature. That unintended message is delivered by schools, families, even organizations devoted to the outdoors, and codified into the legal and regulatory structures of many of our local communities.

He described the new body of scientific evidence demonstrating just how important direct contact with the outdoors is to healthy child development, touching on such health issues as ADHD, child obesity, stress, creativity and cognitive functioning. To stimulate a “Leave No Child Inside” movement, he offered practical suggestions for action by parents, grandparents, government agencies, conservationists, urban planners, educators and others concerned about the future of childhood and the earth itself.

Louv's appearance was part of the ongoing Hartzog Lecture Series, which was sponsored by Clemson’s Department of Parks, Recreation, and Tourism Management. South Carolina George B. Hartzog, Jr. was an influential director of the National Park Service from 1964-1972. He oversaw the largest expansion of the service in its history with the addition of 69 units.
Richard Louv is the author of seven books about family, nature, and community. A columnist for the San Diego Union-Tribune from 1984 to 2006, he has written for the New York Times and other newspapers and magazines, and has been a columnist and member of the editorial advisory board for *Parents Magazine*. He is the chairman of the Children & Nature Network and a member of the Citistates Group, an organization of urban observers. He has served as an advisor to the Ford Foundation's Leadership for a Changing World award program and the National Scientific Council on the Developing Child; and as a Visiting Scholar at the Heller School for Social Policy and Management at Brandeis University. He has appeared on Good Morning America, the Today Show, NPR's Fresh Air and Talk of the Nation, and most recently, the CBS Evening News and the NBC Nightly News.

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