

The Institute for Parks
Annual George B. Hartzog Jr. Lecture Series
Presents



Florence Williams
Author
Can Nature Make Us Happier, Healthier, and
More Creative?

Tuesday, October 31, 2017
Brooks Center for the Performing Arts Auditorium
2:00 pm

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Can Nature Make Us Happier, Healthier, and More Creative?

Florence Williams is the author of *The Nature Fix: Why Nature Makes Us Happier, Healthier and More Creative* (W.W. Norton, 2017), which the *The New York Times* calls “fascinating.” The *Wall Street Journal* calls her writing “exceptional...droll and crisp,” which makes her feel like a pastry.

Florence studied English and Environmental Studies at Yale, where she won the John Hersey Prize for nonfiction. She also completed a Master of Fine Arts degree from the University of Montana. In 2007-2008, she was awarded a mid-career Ted Scripps Fellowship at the Center for Environmental Journalism at the University of Colorado, Boulder, where she focused her time researching and writing about environmental health, including cancer and reproductive toxins.

Florence is a contributing editor at *Outside Magazine* and a freelance writer for the *New York Times*, *National Geographic*, and numerous other publications. The recipient of a 2013 Los Angeles Times Book Prize and a 2017 Gracie Award for podcasting, she is the writer and host of a new podcast series, *The XX Factor* for *Outside Magazine*. A fellow at the Center for Humans and Nature and a visiting scholar at George Washington University, her work focuses on the environment, health and science. She currently serves on the board of *High Country News* and the Ted Scripps Fellowship Program, and lives with her family in Washington, D.C.

