Students,

Recently, you received the unfortunate news you either tested positive for COVID-19 or were exposed to someone who contracted the virus. You probably have felt confused, frustrated and even a bit anxious about what’s next. Those are natural reactions to feel during what is certainly the most challenging time in my 30 years as a higher education professional. However, I want you to know I have the utmost concern for your health and well-being.

Returning to in-person instruction and on-campus residential experiences was never going to be an easy task. In fact, I maintained from the very beginning the Clemson Experience would look and feel *vastly different* this Fall. I am so proud of our team in Student Affairs and our many campus partners who have displayed an unyielding commitment to carrying out our academic mission in a way that is both thoughtful and deliberate.

But one thing remains true: at Clemson, we are a family, and family takes care of one another. We are here to support you throughout this journey.

Our team has compiled this comprehensive guide to assist you during the transition to isolation or quarantine housing and make your stay as comfortable and seamless as possible. If you have additional concerns or questions you cannot find in this document, please do not hesitate to reach out to the many resources provided or email me at savp@clemson.edu.

Please know we are doing everything we can to protect and preserve the health, safety and welfare of our students, faculty, staff and guests by mitigating further spread of COVID-19. I look forward to your healthy exit from isolation or quarantine and look forward to a wonderful Fall semester together.

Go Tigers!

Sincerely,

L. Christopher Miller
Interim Vice President for Student Affairs and Dean of Students
This document is designed to assist students who have tested positive for COVID-19 or been exposed, requiring isolation or quarantine respectively. Included is guidance for both scenarios, for residential students and those who live off campus, as well as helpful resources to ensure a seamless process for everyone involved.

Students who have tested positive will be contacted by Redfern Health Center medical staff as soon as possible. Please note this process can take a number of hours, due to the processing of multiple results at the same time.

For on-campus residents, your next contact after Redfern will be from Clemson Home. You may remain in your assigned residential space, but please stay apart from others as much as possible and please continue to wear face coverings as usual until you receive further guidance. You may also want to begin packing if you are asked to relocate to a temporary residence for isolation. Your patience with staff coordinating the next steps is greatly appreciated.

For off-campus residents, please isolate in your residence and stay apart from others as much as possible, while continuing to wear face coverings as usual.

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RESOURCES

Healthy Campus COVID-19 Website
COVID-19 Dashboard
Mandatory Online COVID-19 Training
Clemson Home Website
Student Health Services Website
You have tested positive for COVID-19. Now what?

This result determines your campus clearance status regardless of whether or not you have symptoms. You will need to isolate for 10 days from the date of test collection. You need to stay away from others and remain in your isolation residence (no class, no visiting friends, no going to the store) for the required length of time.

If you are an on-campus resident, you may need to move to isolation housing, and our team in Clemson Home will assist you with basic needs. If you prefer to return to make other arrangements instead, that is allowed. You will still need to notify Clemson Home you are leaving your assigned space. If you are asymptomatic and have previously tested positive within the past 90 days or have had positive antibody testing within the past 40 days, you may not need to isolate. You will need to provide proof of these results, though, through the COVID-19 Test Result Upload Tool.

If you are an off-campus resident, you may isolate in spaces designed as single bedrooms with access to a single bathroom. Students who live off campus in shared rooms or bathroom spaces may reach out to Clemson Home for isolation assistance, with space offered as available. If you desire not to isolate on campus or your off-campus residence, you may choose to make other arrangements instead.

Redfern Health Center or the South Carolina Department of Health and Environmental Control (DHEC) will conduct contact tracing for students who have tested positive. If you are contacted, please cooperate as their efforts are key to containing the spread of the virus.

CAMPUS HOUSING CHECK-IN PROCESS

1. Residential students who have tested positive will be contacted by Redfern Health Center medical staff as soon as possible. This often takes several hours, as multiple positive results are reported in the same time frame.
2. Students will be asked by Clemson Home to either isolate in their assigned residence or temporarily relocate to another campus housing facility.
3. Students will go through a contactless check-in process at Thornhill Village to their assigned space on campus or near campus. Room keys will be available for pickup in a packet on the table outside of the Laundry Commons. After picking up your packet, text or call 864-508-0650 to complete check-in.
4. A University staff member will be assigned to coordinate follow-up contact with students. Assigned staff will be available for contact and communication from students Monday through Friday from 9 a.m. to 9 p.m. Staff are directed to follow-up with students on academic progress, health and well-being and living space accommodations.

HEALTH SERVICES

Medical Services
Students with non-urgent medical needs should call 864-656-1541, visit MUSC Virtual Urgent Care or consider sending a secure message to a nurse through MyHealth-e. If you need a prescription refill, contact the Pharmacy at 864-656-3562 and delivery can be arranged.

Counseling and Psychological Services
Phone screening is available to students during business hours at 864-656-2451.

STUDENT EMPLOYEES

Students who work at the University need to contact their immediate supervisor to inform them of their status and request time off.

ACADEMIC REQUIREMENTS

Notification of Absence
Students in isolation should complete a Notification of Absence at the link below. This form is used to notify instructors of anticipated absences. Once completed, you may be contacted by a staff member from the Office of Advocacy and Success for follow-up on any additional needs.

FILL OUT A NOTIFICATION OF ABSENCE

Communication with instructors
Once the Notification of Absence has been completed, students should consider emailing professors with any specific questions, concerns or updates. We have included a sample email below.

SAMPLE EMAIL TO INSTRUCTORS

Dear Professor ______,

My name is _______ and I am in your ________ class, section _______. I am unable to attend class and have completed the Notification of Absence form in Canvas. I plan to keep up with my class work by ________. I understand this is my responsibility as a student in your class. Please let me know if there is anything additional you would like for me to do to stay up-to-date in class.

Sincerely,

STUDENT NAME AND EMAIL

(Optional Line for Email)
I have questions about ________ and appreciate your support in helping me navigate this process.
POSITIVE TEST RESULT - ISOLATION REQUIRED

TRANSPORTATION
A shuttle service is available from 8 a.m.-11 p.m. for students in need of transportation to and from their assigned isolation space.

For students entering isolation, pickup begins at the following times: 3:45, 5:45, 7:45 and 9:45 p.m. Bus stops are at Gressette Hall (:45) in front of Which Wich, Cherry Road at Bryan Circle (:55) and the Hub at Douthit Hills (:00).

STUDENT SUPPORT
Meal delivery
Meal delivery begins the first day after initial check-in. Prepared food delivery will be available between 11 a.m. and 1 p.m. daily. Students will also receive a box of non-perishable, shelf-stable food on Day 1 of isolation. Contactless delivery is acceptable for students in isolation at any of our locations; notify a friend (or service) to leave it on your doorstep and you can grab it once they leave. Meal pickup locations are below:

- Thornhill Village --- pick up from Laundry Commons
- The Pier --- pick up from 970 Whitechapel Road
- Lightsey Bridge --- pick up from Building 5, Apartment 1-D
- All other spaces --- delivered to your door

Mail delivery
A friend will need to bring your packages. Contact mail services at studpo@clemson.edu with the CUID number of the person picking up your mail.

WiFi
Students at Thornhill Village should be able to connect to eduroam. For guests at our off-campus apartments, you can find it on the router in the living space. For guests at the Best Western, WiFi information is located on the desk. Hotspots are available upon request.

CARE reports
The CARE Network connects current students with resources. If you need assistance with any academic matters, adjustment issues, behavioral concerns, death or grief, financial, personal health, relationships or student engagement.

FILE A CARE REPORT

Emergency contact
Students who need to access emergency services (911) should notify responders of their COVID-19 positive status, preferably at the time of the call, so they can utilize the appropriate personal protective equipment. Other emergency contact numbers are listed below.

EMERGENCY SERVICES
Clemson University Police Department 864-656-2222 / 911

OFF-CAMPUS STUDENT PLANNING
Below are some tips for students isolating or quarantining in their residence off-campus:

- Make arrangements for food and drink; you could ask a friend to go grocery shopping for you and drop food off outside of your apartment or have them delivered from a store.
- Think about other responsibilities you may have outside of school, including taking care of pets, club activities and sports participation.
- Enhance your mental health by acknowledging difficult emotions, staying in touch with others virtually and identifying things to do with your time. Contact CAPS if you need additional support.

Clemson City Police 864-624-2000 / 911
University Housing & Dining 864-656-2295
University Housing Maintenance 864-656-5450
On-Call University Housing Staff (M-F, 8a-10p) 864-656-7866
On-Call University Housing Staff (after 10p) 864-280-9891
University Call Center 864-365-0555
CCIT 864-656-3494

BRIDGE TO CLEMSON STUDENTS
Students who are part of the Bridge to Clemson program should contact appropriate instructors regarding assignments. Click here to provide Tri-County Technical College with complete information on your COVID-19 status.

EXIT PROCESS
In order to exit isolation, students must meet the following criteria:

- Minimum 10 days since positive test
- 24 hours fever free without medicine
- Improvement of symptoms (if applicable)

Students will receive documentation from Redfern Health Center on the day of completion.

Students checking out of isolation housing will return their temporary key to the Thornhill Village Laundry Commons drop box. Text or call 864-508-0650 to complete the checkout process.

Once you have completed isolation, you will not need to be tested again for 90 days after the date of the positive test collection.
EXPOSURE TO A POSITIVE - QUARANTINE REQUIRED

You may have been exposed to a COVID-19 positive. Now what?

Exposure is defined as being within 6 feet of a known COVID-19 positive case for 15 or more minutes or sharing a household with a positive case. You will need to **quarantine** for 14 days after the most recent date of exposure. You are recommended to get tested 7+ days after exposure. Call Redfern Health Center to schedule testing at 864-656-1541. If you previously tested positive for COVID-19 in the 90 days prior to exposure, you will not be required to quarantine. You must be able to provide proof in the form of a verifiable lab report.

If you are an on-campus resident, you may need to move to quarantine housing, and our team in Clemson Home will assist you with basic needs. If you prefer to return to make other arrangements instead, that is allowed. You will still need to notify Clemson Home you are leaving your assigned space.

If you are an off-campus resident, you may quarantine in spaces designed as single bedrooms with access to a single bathroom. Students who live off campus in shared rooms or bathroom spaces may reach out to Clemson Home for quarantine assistance, with space offered as available. If you desire not to quarantine on campus or your off-campus residence, you may choose to make other arrangements instead.

Redfern Health Center or the South Carolina Department of Health and Environmental Control (DHEC) may contact you to inform you of possible exposure. The identity of the positive will not be shared. If you are contacted, please cooperate as their efforts are key to containing the spread of the virus.

### CAMPUS HOUSING CHECK-IN PROCESS

1. Residential students who have been exposed will be contacted by Redfern Health Center medical staff as soon as possible. This often takes time, as multiple positive results are reported in the same time frame.

2. Students will be asked by Clemson Home to either quarantine in their assigned residence or temporarily relocate to another campus housing facility.

3. Students will go through a contactless check-in process at Thornhill Village to their assigned space on campus or near campus. Room keys will be available for pickup in a packet on the table outside of the Laundry Commons. After picking up your packet, text or call 864-508-0650 to complete check-in.

4. A University staff member will be assigned to coordinate follow-up contact with students. Assigned staff will be available for contact and communication from students Monday through Friday from 9 a.m. to 9 p.m. Staff are directed to follow-up with students on academic progress, health and well-being and living space accommodations.

### HEALTH SERVICES

#### Medical Services

Students with non-urgent medical needs should call 864-656-1541, visit **MUSC Virtual Urgent Care** or consider sending a secure message to a nurse through **MyHealth-e**. If you need a prescription refill, contact the Pharmacy at 864-656-3562 and delivery can be arranged.

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### ACADEMIC REQUIREMENTS

#### Notification of Absence

Students in quarantine should complete a Notification of Absence at the link below. This form is used to notify instructors of anticipated absences. Once completed, you may be contacted by a staff member from the Office of Advocacy and Success for follow-up on any additional needs.

### FILL OUT A NOTIFICATION OF ABSENCE

#### Communication with instructors

Once the Notification of Absence has been completed, students should consider emailing professors with any specific questions, concerns or updates. We have included a sample email below.

### SAMPLE EMAIL TO INSTRUCTORS

Dear Professor ______,

My name is _______ and I am in your ________ class, section ______. I am unable to attend class and have completed the Notification of Absence form in CANVAS. I plan to keep up with my class work by ________, I understand this is my responsibility as a student in your class. Please let me know if there is anything additional you would like for me to do to stay up-to-date in class.

Sincerely,

STUDENT NAME AND EMAIL

(OPTIONAL LINE FOR EMAIL)

I have questions about ______ and appreciate your support in helping me navigate this process.
EXPOSURE TO A POSITIVE - QUARANTINE REQUIRED

TRANSPORTATION
A shuttle service is available from 8 a.m.-11 p.m. for students in need of transportation to and from their assigned quarantine space.

For students entering quarantine, pickup begins at the following times: 2, 7 and 9 p.m. Bus stops are at Gressette Hall (:00) in front of Which Wich, Cherry Road at Bryan Circle (:10) and the Hub at Douthit Hills (:15).

STUDENT SUPPORT
Meal delivery
Meal delivery begins the first full day after initial check-in. Prepared food delivery will be available between 11 a.m. and 1 p.m. daily. Students will also receive a box of non-perishable, shelf-stable food on Day 1 of quarantine. Contactless delivery is acceptable for students in quarantine at any of our locations; notify a friend (or service) to leave it on your doorstep and grab it once they leave. Pickup locations are below:

Thornhill Village --- pick up from Laundry Commons
The Pier --- pick up from 970 Whitechapel Road
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BRIDGE TO CLEMSON STUDENTS

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EXIT PROCESS

In order to exit quarantine, students must meet the following criteria:

- 14 days since date of last exposure to a positive individual
- No development of symptoms
- You have not tested positive during quarantine

Students will receive documentation from Redfern Health Center on the day of completion.

Students checking out of quarantine housing will return their temporary key to the Thornhill Village Laundry Commons drop box. Text or call 864-508-0650 to complete the checkout process.
## Isolation & Quarantine Checklist

### Hygiene
- [ ] Soap
- [ ] Shampoo & conditioner
- [ ] Lotion
- [ ] Toothbrush & toothpaste
- [ ] Glasses/contacts
- [ ] Feminine hygiene items
- [ ] Thermometer
- [ ] Prescription medication
- [ ] OTC medicine (cough, etc.)
- [ ] Hand sanitizer

### Linens *
- [ ] Pillow
- [ ] Sheets
- [ ] Blanket
- [ ] Towels

*These items are dependent on location. You will be advised by staff when assigned.

### Academic
- [ ] Laptop & charger
- [ ] Textbooks
- [ ] Calculator
- [ ] Notebooks
- [ ] All other academic needs

### Clothes
- [ ] Comfortable clothes
- [ ] Shoes
- [ ] Masks

### Personal
- [ ] Cell phone and charger
- [ ] Insurance info
- [ ] Identification
- [ ] Cash/Debit/Credit card

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[Clemson Home]