

A MESSAGE FROM VICE PRESIDENT CHRIS MILLER



Students,

Recently, you received the unfortunate news you either tested positive for COVID-19 or were exposed to someone who contracted the virus. You probably have felt confused, frustrated and even a bit anxious about what’s next. Those are natural reactions to feel during what has certainly been the most challenging time in my more than 30 years in higher education. However, I want you to know Clemson University has the utmost concern for your health and well-being.

Our collective University community has learned some very valuable lessons over the course of the past two years. Returning to in-person instruction and on-campus residential experiences was never going to be an easy task. In fact, I maintained from the very beginning the Clemson Experience would look and feel *vastly different*. With the help of students and support from our leadership, we remained in-person the entirety of the 2021-22 academic year — which was certainly challenging thanks in large part to the presence of infectious variants.

I am immensely proud of our team in the Division of Student Affairs and our partners across campus who have displayed an unyielding commitment to carrying out the institution’s academic mission in a way that is both thoughtful and deliberate. We are here to support you throughout this journey and move forward in the face of a life-changing pandemic.

We have compiled a comprehensive guide on the following pages to assist you during the transition to isolation or quarantine and make this as seamless as possible. Please note our protocols continue to change and adapt based on the evolution of guidance from public health experts. Please do not hesitate to reach out to the many resources provided or email covidsystemssupport@clemson.edu.

We will do everything we can to protect and preserve the health, safety and welfare of our students, faculty, staff and guests by mitigating further spread of COVID-19. I look forward to your healthy exit from isolation or quarantine and look forward to having you back on campus as soon as possible!

Go Tigers!

Sincerely,



L. Christopher Miller

Vice President for Student Affairs and Dean of Students

STUDENT ISOLATION AND QUARANTINE - TABLE OF CONTENTS



This document is designed to assist students who have tested positive for COVID-19 or been exposed, requiring isolation or quarantine respectively. Included is guidance for both scenarios, for residential students and those who live off campus, as well as helpful resources to ensure a seamless process for everyone involved.

Students who have tested positive will be contacted via Clemson University email as soon as possible. If you test positive, isolate immediately and notify close contacts that they have been exposed. Do not return to campus until you are cleared to do so.

On-Campus Residents:

- Clemson Home will not initiate phone contact unless indicated by a student who tested positive.
- You should go home, or to another arrangement, and avoid using public transportation to do so.

Off-Campus Residents:

- You will be able to isolate in your living space if appropriate. You should isolate in a private space without your roommates. This means you should have a private bed and bath and not access any shared spaces during isolation.

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RESOURCES

[Healthy Clemson COVID-19 Website](#)

[Voluntary Vaccine Upload Tool](#)

[Testing Signup Tool](#)

[COVID-19 Dashboard](#)

[Clemson Home Website](#)

[Student Health Services Website](#)

POSITIVE TEST RESULT - ISOLATION REQUIRED

You have tested positive for COVID-19. Now what?

This result determines your campus clearance status, regardless of vaccination status.

The isolation period for COVID-19 continues until each of the following conditions are met:

- Symptom-free or symptoms have resolved **AND**
- At least 5 days have passed since collection of positive test **AND**
- Fever-free for at least 24 hours and have not used fever-reducing medication (such as acetaminophen or ibuprofen) during that time.

If you are eligible to leave isolation before the completion of 10 full days (based on criteria above), you must wear a mask around others until 10 full days have passed since your positive test collection.

If you are asymptomatic and have tested positive within the past 90 days, you do not need to isolate. You will need to provide proof of these results through the [COVID-19 Test Result Upload Tool](#). **Please note: repeat testing (negative diagnostic or positive antibody) will not excuse you from isolation requirements.**

Residential Students

- Clemson Home will not initiate phone contact unless you text the number below or otherwise indicate the need for further assistance, only after exhausting all other options.
- You should go home, or to another arrangement, and avoid using public transportation to do so. If you are unable to depart campus immediately, contact Clemson Home between 10 a.m. and 6 p.m. Monday-Friday by texting 864-280-9891. Continue to avoid others and wear a well-fitting mask.
- Review Housing's [Isolation and Quarantine Checklist](#) to help ensure you pack all the items you'll need.
- Do not return to campus until you are cleared to do so, following the instructions above.

Off-Campus Residents

- You will be able to isolate in your living space if appropriate. You should isolate in a private space without your roommates. This means you should have a private bed and bath and not access any shared spaces during isolation.
- You may have contactless food delivery to your door if necessary.
- Do not return to campus until you are cleared to do so, following the instructions above.

HEALTH SERVICES

Medical Services

Students with non-urgent medical needs should call 864-656-1541 to schedule an appointment, visit [MUSC Virtual Urgent Care](#) or send a secure message to a nurse through [MyHealth-e](#). If you need a prescription refill, contact the Pharmacy at 864-656-3562. For COVID-related questions, call 864-656-3571 to speak with a nurse.

Counseling and Psychological Services (CAPS)

This can be a very stressful time. During business hours, phone screening is available to students during business hours at 864-656-2451. If it is an after-hours psychological emergency, call 864-656-2222 to contact CAPS.

ACADEMIC REQUIREMENTS

Notification of Absence

Students in isolation should complete a Notification of Absence (NOA) at the link below. This form is used to notify instructors of anticipated absences. Once completed, you may be contacted by a staff member from the Office of Advocacy and Success for follow-up on any additional needs.

[FILL OUT A NOTIFICATION OF ABSENCE](#)

Communication with instructors

Once the NOA has been completed, students should consider emailing professors with any specific questions, concerns or updates. We have included a sample email below. The Academic Success Center provides a [checklist](#) for keeping up with your coursework while in isolation or quarantine.

SAMPLE EMAIL TO INSTRUCTORS

Dear Professor _____,

My name is _____ and I am in your _____ class, section _____. I am unable to attend class and have completed the Notification of Absence form in Canvas. I plan to keep up with my class work by _____. I understand this is my responsibility as a student in your class. Please let me know if there is anything additional you would like for me to do to stay up-to-date in class.

Sincerely,

STUDENT NAME AND EMAIL

(OPTIONAL LINE FOR EMAIL)

I have questions about _____ and appreciate your support in helping me navigate this process.

POSITIVE TEST RESULT - ISOLATION REQUIRED

STUDENT EMPLOYEES

Students who work at the University need to contact their immediate supervisor to inform them of their status and request time off.

BRIDGE TO CLEMSON STUDENTS

Students who are part of the Bridge to Clemson program should contact appropriate instructors regarding assignments. [Click here](#) to provide Tri-County Technical College with complete information on your COVID-19 status. A Tri-County representative will reach out to talk to you about academic attendance policies and how to navigate missed assignments, etc., while you are away from in-person classes.

ISOLATION HOUSING

You will not be contacted by the University when required to enter into isolation. On-campus accommodations are extremely limited and are reserved only for students who have exhausted every potential option and would otherwise be without housing. The following resources are designed to assist residential students who relocate to isolation housing.

Mail delivery

A friend will need to bring your packages. Contact mail services at studpo@clemson.edu to authorize a pickup person. Please include the name and CUID number of the person picking up your mail and post office box number of the student in isolation. In the event mail has been transferred to a package locker, please provide your pin number for pickup.

Amenities

If you are assigned to limited space on-campus isolation housing, please bring your own pillow, linens and blankets for an XL twin bed, as well as towels and toiletries. Isolation space will include access to wifi, cable, a refrigerator and microwave.

CARE reports

The CARE Network connects current students with resources. If you need assistance with any academic matters, adjustment issues, behavioral concerns, death or grief, financial, personal health, relationships or student engagement.

[FILE A CARE REPORT](#)

OFF-CAMPUS STUDENT PLANNING

Below are some tips for students isolating or quarantining in their residence off-campus:

- *Make arrangements for food and drink; you could ask a friend to go grocery shopping for you and drop food off outside of your apartment or have them delivered from a store.*
- *Think about other responsibilities you may have outside of school, including taking care of pets, club activities and sports participation.*
- *Enhance your mental health by acknowledging difficult emotions, staying in touch with others virtually and identifying things to do with your time. Contact CAPS if you need additional support.*

Emergency contact

Students who need to access emergency services (911) should notify responders of their COVID-19 positive status, preferably at the time of the call, so they can utilize the appropriate personal protective equipment. Other emergency contact numbers are listed below.

EMERGENCY SERVICES

<i>Clemson University Police Department</i>	864-656-2222 / 911
<i>Clemson City Police</i>	864-624-2000 / 911
<i>University Housing & Dining</i>	864-656-2295
<i>On-Call University Housing Staff (M-F: 10a-6p)</i>	864-656-1111
<i>University Call Center</i>	864-365-0555
<i>CCIT</i>	864-656-3494

Exit Process

Monitor your phone and University email address for an exit survey required to be completed to exit isolation. Completing this survey in a timely manner is critical to completing your isolation on schedule and having your campus access reinstated. You will receive a follow-up notification when your isolation timeframe is complete and your access is restored.

Clearance for return to campuses is required as your card access to non-residential buildings will be turned off until your clearance is restored. Be sure to pay close attention to your University email and phone calls for instructions and the clearance process. Before returning to campus facilities, verify that your [COVID-19 Clearance Status](#) is "Cleared."

Once you have completed isolation, you will not need to be tested again for 90 days after the date of the positive test collection.

EXPOSURE TO A POSITIVE - QUARANTINE REQUIRED

Individuals who have not received all recommended vaccine doses, to include boosters, and have been exposed to a COVID-19 positive individual, you will be required to quarantine. Exposure is defined as being within 6 feet of a known COVID-19 positive case for 15 or more minutes (cumulative over a 24-hour period).

If exposed:

- Individuals must quarantine for five (5) days after being exposed to a known positive case of COVID-19. If the individual remains asymptomatic during this quarantine, they will be allowed to exit quarantine. They should wear a well-fitting mask for five (5) days following quarantine.
- If an individual tests positive or develops COVID-19 symptoms while in quarantine, they must isolate from other people and follow the isolation section on page 3.
- Clemson Home will not initiate phone contact unless you text the number below or otherwise indicate the need for further assistance, only after exhausting all other options.
- You should go home, or to another arrangement, and avoid using public transportation to do so. If you are unable to depart campus immediately, contact Clemson Home between 10 a.m. and 6 p.m. Monday-Friday by texting 864-280-9891. Continue to avoid others and wear a well-fitting mask.
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EXPOSURE TO A POSITIVE - QUARANTINE REQUIRED

QUARANTINE HOUSING THROUGH CLEMSON HOME

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ISOLATION/QUARANTINE HOUSING - VACANT/EMPTY ON-CAMPUS APARTMENTS

Clemson Home has extremely limited capacity of beds on campus reserved for emergency isolation or quarantine accommodations. As such, a student's best option is to make alternative arrangements with family or friends.

If assigned to a vacant or empty on-campus apartment, students should expect the following experience:

ROOM ASSIGNMENTS

- Multiple students will be housed together. Students will share space in the same apartment, and may also possibly share a bedroom if necessary. Placing positive students together has been approved by the South Carolina Department of Health and Environmental Control (DHEC) and poses no risks, even if asymptomatic and symptomatic positive students are placed together.

- Students in quarantine are placed in a single room by themselves. However, should a student subsequently test positive, they may be relocated to another unit with another positive student to best maximize available isolation and quarantine space. Multiple students may be in the same space, but located in private bedrooms. Masks or face coverings must be worn when using shared bathroom or kitchen space.

MEALS

- If you are in limited space for isolation or quarantine housing on main campus, the University will provide a daily per diem through a student's Tiger Stripe account to use toward Grub Hub delivery.

OUTDOOR TIME

- Students may socially distance outside or take walks outside of their isolation or quarantine space. Please wear a mask and avoid contact with others.