

RYAN M. COOK, PhD, LPC, ACS

Associate Professor of Counselor Education
Department of Education and Human Development
Clemson University
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EDUCATION

- May 2016** *Doctor of Philosophy, Counselor Education and Supervision*, Virginia Tech (CACREP-Accredited), Blacksburg, VA
- Graduate Certificates: *Educational Research & Preparing the Future Professoriate*
 - Dissertation Title: *Factors of supervision and the impact on intentional nondisclosure by counselors-in-training*
- May 2010** *Master of Arts, Counselor Education*, Virginia Tech (CACREP-Accredited), Blacksburg, VA
- May 2008** *Bachelor of Science, Psychology*, Virginia Tech, Blacksburg, VA

PROFESSIONAL LICENSES

- **Licensed Professional Counselor**, Virginia: # 0701005855 (2014 – Present)
- **Approved Clinical Supervisor**: # ACS2512 (2016 – Present)

ACADEMIC POSITION

- 2024 - Present** *Associate Professor of Counselor Education*, Clemson University, Clemson, SC
- 2023 – 2024** *Associate Professor of Counselor Education*, The University of Alabama, Tuscaloosa, AL
- 2016 – 2023** *Assistant Professor of Counselor Education*, The University of Alabama, Tuscaloosa, AL

ADMINISTRATIVE POSITION

- May 2023 – May 2024** **Program Coordinator**, University of Alabama, Counselor Education

RESEARCH & PUBLICATIONS (* denotes work with students)

Published in referred journals or in press

40. **Cook, R. M.**, Wind, S. A., & Fye, H. J. (in press). A longitudinal study of the psychometric properties of the English Perceived Stress Scale-Four (PSS-4) in mental health counselors using item response theory. *Stress and Health*.
39. **Cook, R. M.** & Welfare, L. E. (in press). Commentary on Li et al.'s 2024 scoping review: Implications for clinical supervision researchers and professional counselors. *The Clinical Supervisor*.
<http://doi.org/10.1080/07325223.2024.2394133>
38. Mugoya, G. T., Muchiri, S. M., Ogongi, W., Gitau, M., Mkuu, R., **Cook, R. M.**, & Lu, Y. (2024). Adverse childhood experiences, substance use and poor mental among US adult population. *Journal of Mental Health Counseling* 46(3), 259-280. <https://doi.org/10.17744/mehc.46.3.04>

37. **Cook, R. M.** & Wind, S. A. (2024). Item response theory: A modern measurement approach to reliability and precision for counseling researchers. *Measurement and Evaluation in Counseling and Development*, 57(2), 116-135. <https://doi.org/10.1080/07481756.2023.2301284>
36. **Cook, R. M.**, Sackett, C. R., & Fye, H. J. (2024). Associations between therapeutic working alliance, meaningful experiences, and affective distress. *Journal of Counseling and Development* (102)1, 3-13. <https://doi.org/10.1002/jcad.12493>
35. Fye, H. J., Wind, S. A., & **Cook, R. M.** (2023). The Trauma-Informed Practices Scale – School Counselor Version (TIPS-SCV). *Measurement and Evaluation in Counseling and Development* (57)3, 211-230. <https://doi.org/10.1080/07481756.2023.2243263>
34. Sackett, C. R., Mack, H. L., Sharma, J., **Cook, R. M.**, & Dogan-Dixon, J. (2023). An exploration of counselors-in-training's experiences of microaggressions from clients. *The Professional Counselor*, 13(2), 145-161. <http://doi.org/10.15241/crs.13.2.145>
33. **Cook, R. M.**, *Crabtree, R., Sackett, C. R., *Baylin, A., & Sharma, J. (2023). Doctoral students' experiences of nondisclosure with their dissertation chair. *Counselor Education and Supervision* (62)1, 64-79. <https://doi.org/10.1002/ceas.12265>
32. Fonseca, D., Heim, I., Houser, R., **Cook, R.**, O'Donnell, J. (2023). Assessment of the Neurological Activation in Law Enforcement under High Threat Situations: A Fuzzy Logic Approach. *World Journal of Neuroscience*, 13, 67-89. <https://doi.org/10.4236/wjns.2023.131005>
31. **Cook, R. M.**, Sackett, C. R., & Wind, S. A. (2023). The Development of the Meaningful Experiences in Counseling Scale. *Measurement and Evaluation in Counseling and Development*, 54(4), 313-328. <https://doi.org/10.1080/07481756.2022.2148110>
30. **Cook, R. M.**, & Fye, H. J., (2023). Trauma-informed supervision and related predictors of burnout and secondary traumatic stress among prelicensed counsellors during the COVID-19 pandemic. *International Journal for the Advancement of Counselling*, 45, 210-329. <https://doi.org/10.1007/s10447-022-09493-x>
29. Sackett, C. R., & **Cook, R. M.** (2022). A phenomenological exploration of client meaningful experiences in family counseling. *Counselor Outcome Research and Evaluation*, 13(2), 116-133. <https://doi.org/10.1080/21501378.2021.1922076>
28. Mugoya, G. M., Mubma, M. N., Jalswal, J. Glenn, A., *Potts, C., Langer Smith, N., Bulter, A., & **Cook, R. M.** (2022). Feasibility and acceptability of a group counseling intervention for opioid use disorders: An exploratory study. *Journal of Psychosocial Nursing and Mental Health*, 60(6), 7-10. <https://doi.org/10.3928/02793695-20220510-01>
27. **Cook, R. M.**, Dolliver, D., *Paulk, R., & Kirsch, E. (2022). Police officer responses to deadly encounters with the public: Understanding situational characteristics that impact decision-making. *Policing: A Journal of Policy & Practice*, 16(3), 355-369. <https://doi.org/10.1093/police/paac026>
26. **Cook, R. M.**, Wind, S. A., & Fye, H. J. (2023). Development of the Trauma-Informed Practice Scale - Supervision Version (TIP-SV). *Measurement and Evaluation in Counseling and Development*, 53(1), 13 – 32. <https://doi.org/10.1080/07481756.2022.2034480>

25. Fye, H. J., **Cook, R.M.**, & *Baylin, A (2022). Exploring individual and organization predictors of school counselor wellness. *Professional School Counseling*, 26(1), 1-9. <https://doi.org/10.1177/2156759X211067959>
24. Heim, I.*, Fonseca, D. J., Houser, R., **Cook, R. M.**, O'Donnell, J. (2022) Fuzzy set analysis of electroencephalogram data pertaining to tDCS in math skill enhancement. *Journal of Intelligent & Fuzzy Systems*, 43(1), 477-494. <http://doi.org/10.3233/JIFS-212315>
23. Sackett, C. R., & **Cook, R. M.** (2022). An exploration of client experiences in a combination of individual and family counseling. *The Family Journal*, 30(1), 102 – 110. <https://doi.org/10.1177/1066480721992512>
22. **Cook, R. M.**, Fye, H. J., & Wind, S. A. (2021). An examination of the Counselor Burnout Inventory using item response theory in early career post-master's counselors. *Measurement and Evaluation in Counseling and Development*, 54(4), 233-250. <https://doi.org/10.1080/07481756.2020.1827439>
21. Fye, H. J., **Cook, R. M.**, Choi, Y. J., & Baltrinic, E. R. (2021). Professional quality of life and affective distress among prelicensed counselors: A structural equation analysis. *Journal of Counseling and Development* 99(4), 429-439. <https://doi.org/10.1002/jcad.12395>
20. Wind, S. A., **Cook, R. M.**, & McKibben, W. B. (2021). Supervisees' of differing genders and races perceptions of power in supervision. *Counselling Psychology Quarterly*, 34(2), 275-297. <https://doi.org/10.1080/09515070.2020.1731791>
19. **Cook, R. M.**, Fye, H. J., *Jones, J. L., & Baltrinic, E.R. (2021). Self-reported symptoms of burnout in early-career counselors: A content analysis. *The Professional Counselor*, 11(1), 31 – 45. <http://doi.org/10.15241/rmc.11.1.31>
18. Jones, C. T., Welfare, L. E., & **Cook, R. M.** (2021). Practising counsellors' identity salience in clinical supervision. *Counselling and Psychotherapy Research*, 21(2), 402-411. <https://doi.org/10.1002/capr.12402>
17. **Cook, R. M.**, & Ellis, M.V. (2021). Post-degree clinical supervision for licensure: Occurrence of inadequate and harmful experiences among counselors. *The Clinical Supervisor*, 40(2), 282-302. <http://dx.doi.org/10.1080/07325223.2021.1887786>.
16. Baltrinic, E.R., **Cook, R. M.**, & Fye, H. J. (2021). A Q Methodology study of supervisee roles within a counseling practicum course. *The Professional Counselor*, 11(1), 1-15. <http://doi.org/10.15241/erb.11.1.1>
15. *Bledsoe, K., Burnham, J., **Cook, R. M.**, Clark, M., & Webb, A. (2021). A phenomenological study of early career school counselor clinical supervision experiences. *Professional School Counseling*, 25(1), 1 – 10. <https://doi.org/10.1177/2156759X21997143>
14. Sackett, C. R., & **Cook, R. M.** (2021). An exploration of youth experiences in counseling with post-master's counselors. *Journal of Counseling and Development*, 99(1), 72-83. <https://doi.org/10.1002/jcad.12355>
13. **Cook, R. M.** (2021). Addressing missing data in quantitative counseling research. *Counseling Outcome Research and Evaluation*, 12(1), 1 – 11. <https://doi.org/10.1080/21501378.2019.1711037>

12. Fye, H. J., **Cook, R. M.**, Baltrinic, E., & *Baylin, A. (2020). Individual and organizational factors related to multidimensional school counselor burnout. *The Professional Counselor* 10(2), 235 - 250. <https://doi.org/10.15241/hjf.10.2.235>
11. **Cook, R. M.**, Jones, C. T., & Welfare, L. E. (2020). Supervisor cultural humility predicts intentional nondisclosure by post-master's counselors. *Counselor Education and Supervision*, 59(2), 160 – 167. <https://doi.org/10.1002/ceas.12173>
10. **Cook, R. M.**, Welfare, L. E., & Jones, C. T. (2020). Incidence of intentional nondisclosure in clinical supervision by pre-licensed counselors. *The Professional Counselor*, 10(1), 25-38. <https://doi.org/10.15241/rmc.10.1.25>
9. **Cook, R. M.**, Welfare, L. E., & *Sharma, J. (2019). Exploring supervisees' in-session experiences of utilizing intentional nondisclosure. *The Clinical Supervisor*, 38(2), 202 - 221. <https://doi.org/10.1080/07325223.2018.1509756>
8. McKibben, W. B., **Cook, R. M.**, & Fickling, M. (2019). Feminist supervision and supervisee nondisclosure: The mediating role of the supervisory relationship. *The Clinical Supervisor*, 38(1), 38 - 57. <https://doi.org/10.1080/07325223.2018.1509756>
7. *Bledsoe, K., Logan-McKibben, S., McKibben, W. B., & **Cook, R. M.** (2019). A content analysis of school counseling supervision. *Professional School Counseling*, 22(1), 1-8. <https://doi.org/10.1177/2156759X19838454>
6. **Cook, R. M.**, *Smith, B. L., & Welfare, L. E., &. (2018). Understanding schizophrenia: A classroom simulation for future human service professionals. *The Journal of Human Services*, 38(1), 7 – 20.
5. **Cook, R. M.**, & Sackett, C. R. (2018). Exploration of prelicensed counselors' experiences prioritizing information for clinical supervision. *Journal of Counseling & Development*, 96(40), 449-460. <https://doi.org/10.1002/jcad.12226>
4. **Cook, R. M.**, & Welfare, L. E. (2018). Examining predictors of counselor-in-training intentional nondisclosure. *Counselor Education and Supervision*, 57(3), 211-226. <https://doi.org/10.1002/ceas.12111>
3. **Cook, R. M.**, McKibben, W. B., & Wind, S. A. (2018). Supervisee perception of power in clinical supervision: The power dynamics in supervision scale. *Training and Education in Professional Psychology*, 12(3), 188-195. <https://doi.org/10.1037/tep0000201>
2. **Cook, R. M.**, Welfare, L. E., & *Romero, D. E. (2018). Counselor-in-training intentional nondisclosure in onsite supervision: A content analysis. *The Professional Counselor*, 8(2), 115-130. <https://doi.org/10.15241/rmc.8.2.115>
1. Welfare, L. E., & **Cook, R. M.** (2014). Revising diagnoses for clients with chronic mental health issues: Implications of the DSM-5. *The Professional Counselor*, 4(3), 232-245. <https://doi.org/10.15241/lew.4.3.232>

Refereed (Under Review)

Fye, H. J. & **Cook, R. M.** (under review). Towards an understanding of trauma-informed practices in schools.

Zhu, P., **Cook, R. M.** & Wind, S. A. (under review). Development of the Supervisory Cultural Humility Scale.

Work in Progress or Preparation

Cook, R. M., & Fye, H. J. (writing). Trauma-informed school counseling programs, stress, and related predictors of school counselor burnout and wellness.

Cook, R. M. & Zhu, P. (writing). Cultural humility and the supervisory relationship as predictors of supervision and client outcomes.

Fye, H. J. & **Cook, R. M.** (data analysis). The association between counselor wellness, stress, burnout, and the client working alliance: A longitudinal study.

Cook, R. M., Fye, H. J., & Wind, S. A. (data analysis). A longitudinal study of the psychometric properties of the Counselor Burnout Inventory in a sample of counselors: An item response theory analysis.

Cook, R. M., Sackett, C. R., & Doyle, K. (data collection). Engaging clients in the treatment process: The Client Meaningful Experiences Scale.

Book Chapters

1. Lawson, G., **Cook, R. M.**, & Howell, C. E. (2015). Trauma and stress-related disorders. In B. Flamez & C. Sheperis (Eds.), *Diagnosing children and adolescents: A guide for mental health professionals*. Hoboken, NJ: John Wiley and Sons Publishing.

Intellectual Property

1. **Cook, R. M.**, McKibben, W. B., & Wind, S. A. (2018). Power Dynamics in Supervision Scale [Database record]. Retrieved from PsycTESTS. <https://dx.doi.org/10.1037/t68156-000>

Newsletter and Blog Post

2. **Cook, R. M.** (2021, July). *Launching A Focused-Research Agenda: Strategies for New Clinical Supervision Scholars*. <https://csrcollaborative.org/launching-a-focused-research-agenda-strategies-for-new-clinical-supervision-scholars/>
1. **Cook, R. M.** (2017, August). *Faculty Advisor Welcome*. Rho Chapter of Chi Sigma Iota Newsletter.

PRESENTATIONS (* denotes work with students)

Invited Workshops, Trainings, and Panel Presentations

10. **Cook, R. M.** (2024, January). *To share with my supervisor or not to share? The counselor's dilemma*. Invited training at The University of Alabama Counseling Center (1 hour).
9. **Cook, R. M.** & Fye, H. J. (2022, November). *Innovative supervision approaches to promote supervisee wellness*. Invited preconference workshop by the Southern Association of Counselor Education and Supervision. (6 NBCC CEUs).
8. **Cook, R. M.** & Fye, H. J. (2022, May). *Trauma-informed supervision: Research-informed applications*. Invited training by the Clinical Supervision Research Collaborative (1 hour).
7. **Cook, R. M.** & Fye, H. J. (2022, April). *Strategies for integrating Trauma-Informed Supervision into clinical supervision*. Invited training by the Cognitive Behavioral Institute. (2 APA CEUs).
6. **Cook, R. M.** (2022, February). *Strategies for integrating Trauma-Informed Supervision into clinical supervision*. Invited national training by the Association for Counselor Education and Supervision. (1 NBCC CEUs).
5. **Cook, R. M.**, McKibben, W. B., & Wind, S. A. (2020, January). *Examining power dynamics in supervision: The Power Dynamics in Supervision Scale*. Invited poster presentation presented at the Annual MidWinter Meeting of the Council of University Directors of Clinical Psychology, Austin, TX.
4. **Cook, R. M.** (2019, November). *The unspoken experiences of supervisees in clinical supervision*. Invited luncheon speaker at The Tennessee Counseling Association Conference, Nashville, TN (1.5 CEUs).
3. **Cook, R. M.** (2018, April). *Professional identity in counseling: Ethics in counseling*. The Alabama Counseling Association – Chapter 3, Tuscaloosa, AL (2 NBCC CEUs).
2. **Cook, R. M.**, Houser, R., & *Webber, W. (2017, March). *Neural processes in law enforcement officers' decisions to shoot or don't shoot*. Invited content presentation for the Department of Criminology at The University of Alabama (1 hour).
1. **Cook, R.M.** (2016, October). *Choosing what to share in supervision: A supervisee's dilemma*. The University of Alabama Psychology Child Studies Seminar, Tuscaloosa, AL (1 hour).

International

9. **Cook, R. M.**, & Fye, H. J. (2022, July). *Measuring trauma-informed supervision: The introduction of the Trauma-Informed Practice Scales – Supervision Version (TIPS-SV)*. Paper presentation at The International Interdisciplinary Conference on Clinical Supervision, Washington, DC.
8. **Cook, R. M.**, *Paulk, R., & *Philips, R. (2021, July). *Integrating trauma-informed practices into clinical supervision*. Invited roundtable presentation at The International Interdisciplinary Conference on Clinical Supervision, Washington, DC.
7. **Cook, R. M.**, & *Jones, J. (2020, July). *Strategies for reducing inadequate and harmful clinical supervision*. Invited roundtable presentation at The International Interdisciplinary Conference on Clinical Supervision, Chicago, IL.

6. **Cook, R. M.**, Houser, R. A., Fonseca, D. J., *Webber, W. B., *Heim, I., Dolliver, D. S., (2018, October), Law enforcement officers' neural processing of intentions of suspects during virtual high threat scenarios. Poster presentation at the Society for Neuroscience, San Diego, CA.
5. **Cook, R. M.**, McKibben, W. B., & *Bledsoe, K. (2017, June). *Feminist supervisory practices and their impact on the working alliance and supervisee nondisclosure*. Content presentation at The International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
4. *Bledsoe, K., **Cook, R. M.** (2017, June). *Challenges and successes: A novice supervisor's journey towards becoming a more competent supervisor*. Roundtable presentation at The International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
3. **Cook, R. M.**, & Welfare, L. E. (2017, June). *Withheld information in supervision: A look inside supervisee decision making*. Roundtable presentation at The International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
2. **Cook, R. M.** (2016, June). *Intentional nondisclosure in supervision: What is not being said by therapists?*. Content presentation at The International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
1. **Cook, R. M.**, & Welfare, L. E. (2016, June). *Developing a quality supervisory relationship: A look beyond the working alliance*. Invited roundtable presentation at The International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.

National

29. **Cook, R. M.**, Fye, H. J., & Wind, S. A. (2024, September). *A Longitudinal Study of the Psychometric Properties of the Perceived Stress Scale- Four (PSS-4) in Counselors Using Item Response Theory*. Content presentation at the Association for Assessment and Research in Counseling Conference, Pittsburg, PA.
28. Welfare, L. E., Henry, S., Locklear, H., Sackett, C., & **Cook, R. M.** (2024, September). : *Planning your Research Job Talk: Balancing Breadth and Depth*. Content presentation at the Association for Assessment and Research in Counseling Conference, Pittsburg, PA.
27. Fye, H. J., **Cook, R. M.**, & *Files, K. (2023, October). *Preparing School Counselor Trainees to Integrate Trauma-Informed Practices with Research-Informed Applications*. Content Presentation at the Association of Counselor Education and Supervision Conference, Denver, CO.
26. **Cook, R. M.**, Fye, H. J., & Wind, S. A. (2023, September). *Psychometric Properties of the Trauma-Informed Practice Scales – Supervision Version*. Roundtable presentation at the Association for Assessment and Research in Counseling Conference, Nashville, TN.
25. **Cook, R. M.**, Sackett, C. R., & Wind, S. A. (2023, September). *The Psychometric Properties of the Client Meaningful Experiences in Counseling Scale*. Roundtable presentation at the selected your proposal for presentation at the AARC 2023 Conference, Nashville, TN.

24. Sackett, C. R. & **Cook, R. M.** (2021, September). *Researching client experiences in counseling from a constructivist phenomenological approach*. Content session to be presented at Association for Assessment and Research in Counseling, Cincinnati, OH.
23. Sackett, C. R. & **Cook, R. M.** (2021, April). *A phenomenological inquiry of clients' meaningful experiences in counseling*. Content session presented American Counseling Association Conference and Expo, Orlando, FL.
22. **Cook, R. M.** (2019, October). *Incidents of inadequate and harmful clinical supervision experienced by post-master's counselors*. Content session presented at Association for Counselor Education and Supervision Biannual, Seattle, WA.
21. Jones, C. T., **Cook, R. M.**, & Welfare, L. E. (2019, October). *Salient sociocultural identities in clinical supervision*. Content session presented at Association for Counselor Education and Supervision Biannual, Seattle, WA.
20. **Cook, R.M.** (2019, September). *Imputing missing values in survey research*. Content session presented at the Association for Assessment and Research in Counseling, San Antonio, TX.
19. Dolliver, D. S., **Cook, R. M.**, & Fonseca, D. (2019, May). *Officer decision-making in encounters with the public: A Firearms Training System (FATS) use-of-force experimental design*. Content session presented at the American Society of Evidence-Based Policing Conference, Cincinnati, OH.
18. Dolliver, D. S., **Cook, R. M.**, Fonseca, D., & Houser, R. (2018, November). *Simulated reality-based training environments for law enforcement officers*. Content session to be presented at the American Society of Criminology Conference, Atlanta, GA.
17. Fye, H. J., Baltrinic, E., **Cook, R. M.**, & Gnilka, P. (2018, September). *Lessons learned from the publication process*. Poster presentation to be presented at the Association for Assessment and Research in Counseling Conference, Richmond, VA.
16. **Cook, R. M.**, Lu, J., & *Webber, W. B. (2018, September). *Examining the neurological indicators of stress reduction: A mindfulness-based immersive virtual-reality experience*. Poster presentation to be presented at the Association for Assessment and Research in Counseling Conference, Richmond, VA.
15. Welfare, L. E., & **Cook, R. M.** (2018, April). *Understanding schizophrenia: An experiential learning activity*. Roundtable session to be presented at American Counseling Association Conference and Expo, Atlanta, GA.
14. **Cook, R. M.** & Welfare, L. E. (2017, October). *Why supervisees withhold: Examining the decision-making process of nondisclosure*. Content session presented at Association for Counselor Education and Supervision Biannual Conference, Chicago, IL.
13. **Cook, R. M.**, McKibben, W. B., & Wind, S. A. (2017, September). *Examining power dynamics in supervision: The Psychometric Properties of the PDSS*. Educational session presented at the Association for Assessment and Research in Counseling Conference, Phoenix, AZ.

12. **Cook, R. M.** (2017, September). *Strategies for establishing a research agenda as a new counselor educator*. Roundtable presentation at the Association for Assessment and Research in Counseling Conference, Phoenix, AZ.
11. **Cook, R. M.**, & Welfare, L. E. (2017, March). *Choosing what to share in supervision: A new counselor's dilemma*. Educational session presented at the American Counseling Association Conference and Expo, San Francisco, CA.
10. **Cook, R. M.** (2016, September). *Discussing problematic data sets in self-report research*. Roundtable presentation at the Association for Assessment and Research in Counseling, Fort Lauderdale, FL.
9. Biddle, K., **Cook, R. M.**, Sharma, J., Bodo, B., & Culver, S. (2016, February). *Accessible assessment: Making assessment user-friendly for faculty members*. Poster presented at Conference on Higher Education Pedagogy Annual Conference, Blacksburg, VA.
8. **Cook, R. M.**, Biddle, K., Howell, C., & Welfare, L. (2016, February). *Preparing future leaders: Creating leadership opportunities for doctoral students*. Poster presented at Conference on Higher Education Pedagogy Annual Conference, Blacksburg, VA.
7. **Cook, R. M.** & Howell, C. (2015, October). *Doctoral student leadership: It's more than a dissertation*. Roundtable presentation at Association for Counselor Education and Supervision Biannual Conference, Philadelphia, PA.
6. Howell, C., **Cook, R. M.**, & DePauw, K. (2015, October). *A global lens of higher education: Leading as counselor educators*. Roundtable presentation at Association for Counselor Education and Supervision Biannual Conference, Philadelphia, PA.
5. **Cook, R. M.**, Mutcherson, B., & Culver, S. (2015, February). *Student perceptions of their undergraduate experience: A qualitative review*. Poster presented at Conference on Higher Education Pedagogy Annual Conference, Blacksburg, VA.
4. Duka, A., **Cook, R. M.**, & Culver, S. (2015, February). *Assessing the assessment process: Developing a rubric for reporting at Virginia Tech*. Poster presented at Conference on Higher Education Pedagogy Annual Conference, Blacksburg, VA.
3. **Cook, R.**, Deater-Deckard, K., & Bradburn, I. (2009, May). *Developmental milestones and pre-reading skills in low-income preschoolers*. Poster presented at Society for Research in Child Development Biannual Meeting, Denver, CO.
2. **Cook, R.**, Mullineaux, P.Y., Deater-Deckard, K., & Hosig, K. (2008, May). Alcohol use and inhibitory control in under-age college students. Poster presented at meeting of the Association for Psychological Science, Chicago, IL.
1. Brown, S., **Cook, R.**, Mullineaux, P.Y., Deater-Deckard, K., Petrill, S.A., & Thompson, L.A. (2007, May). *Observed child noncompliant behavior: A behavior genetic analysis*. Poster presented at meeting of the Association for Psychological Science, Washington DC.

Regional

6. Fye, H. J. & **Cook, R. M.** (2022, November). *Strategies for integrating trauma-informed supervision into practicum and internship supervision*. Southern Association for Counselor Education and Supervision Biannual Conference, Baltimore, MD.
5. **Cook, R. M.**, & Sackett, C. R. (2018, October). *Exploration of supervisees' experiences prioritizing information for clinical supervision*. Content presentation presented at the Southern Association for Counselor Education and Supervision Biannual Conference, Myrtle Beach, SC.
4. **Cook, R. M.**, Jones, C., & Welfare, L. E. (2018, October). *Supervisor cultural humility as a predictor of supervisee nondisclosure and multicultural competence*. Content presentation to be presented at the Southern Association for Counselor Education and Supervision Biannual Conference, Myrtle Beach, SC.
3. **Cook, R. M.**, & Welfare, L. E. (2016, October). *Addressing intentional nondisclosure in supervision: The role of counselor educators*. Content presentation at the Southern Association for Counselor Education and Supervision Biannual Conference, New Orleans, LA.
2. Biddle, K., **Cook, R. M.**, & Howell, C. E. (2016, October). *Developing a healing arts training program: A strategic approach to addressing community needs*. Poster presented at the Southern Association for Counselor Education and Supervision Biannual Conference, New Orleans, LA.
1. **Cook, R.M.** (2014, October). *Strategies for encouraging self-reflection in couples and family counseling courses*. Roundtable presentation at Southern Association for Counselor Education and Supervision Biannual Conference, Birmingham, AL.

State & Local

5. Howell, C., & **Cook, R. M.** (2015, March). *You are here and now: Using mindfulness practices to enhance doctoral student wellness*. Presented at Virginia Association for Counselor Education and Supervision Conference, Harrisonburg, VA.
4. Hall, M., **Cook, R. M.**, Mutcherson, B., & Culver, S. (2014, November). *Using graduate students to advance assessment work and improve dissemination of assessment results: A win-win approach*. Presented at Virginia Assessment Group Conference Annual Conference, Norfolk, VA.
3. Bailey, S., Byrd, C., **Cook, R.**, & Deater-Deckard, K. (2008, May). *Parent gender differences and interactions with children*. Poster presented at Virginia Tech Undergraduate Research Conference, Blacksburg, VA.
2. Byrd, C., Bailey, S., **Cook, R.**, & Deater-Deckard, K. (2008, May). *Culture and parenting: An observational study*. Poster presented at Virginia Tech Undergraduate Research Conference, Blacksburg, VA.
1. **Cook, R.**, Brown, S., Mullineaux, P.Y., Deater-Deckard, K., Petrill, S.A., & Thompson, L.A. (2007, May). *Observed child noncompliant behavior: A behavior genetic analysis*. Poster presented at Virginia Tech Undergraduate Research Conference, Blacksburg, VA.

FUNDED RESEARCH GRANTS

*Denotes work with students

Total funding awarded as Principal investigator and Co- Principal investigator: \$5,045,896

Cook, R.M., Fye, H.J., & Mugoya, T.G. (2023). Integrating Trauma-Informed Approaches into Schools: Impacting School Staff and Student Wellbeing. Office of School Partnerships, The University of Alabama. Role: Co-Principal Investigator
Amount: \$500

Mugoya, G., Lee, H. Y., **Cook, R. M.**, Jackson, M. Fye, H. J., Hopson, L., Mumba, M., Lund, E., Burnham, J., & Horton, A. (2023). *Promoting Mental Health Services and Equity (PROMISE)*. US Department of Education.
Role: Co-Investigator
Amount: \$5,013,249

Sackett, C.R., **Cook, R.M.**, Nevels, B., Hudepohl, N., & Lenz, A. S. (2023). *Exploring Client Meaningful Experiences within the Department of Psychiatry at Prisma Health*. Prisma Health.
Role: Co-Principal investigator
Amount: \$19,984

Cook, R. M., Doyle, K., & Sackett, C. R. (2022). *Engaging clients in the treatment process: The Client Meaningful Experiences Scale*. Association of Assessment and Research in Counseling.
Role: Co-Principal investigator
Amount: \$4,200

Fye, H. J. & **Cook, R.M.** (2021). *The association between counselor wellness, stress, burnout, and the client working alliance: A longitudinal study*. Chi Sigma Iota.
Role: Co-Principal investigator
Amount: \$2,335

Cook, R. M., *Baylin, A., & *Paulk, R. (2020). *Nondisclosure by doctoral students in the dissertation process*. Association for Counselor Education and Supervision Research Grant.
Role: Principal investigator
Amount: \$ 515

Fye, H. J. & **Cook, R. M.** (2019). *Professional quality of life, stress, non-clinical symptoms of anxiety and depression, and burnout in prelicensed counselors*. Association for Counselor Education and Supervision Research Grant.
Role: Co-Principal investigator
Amount: \$ 1,000

Cook, R. M. (2018). *Incidents of inadequate and harmful clinical supervision for prelicensed counselors*. Association for Counselor Education and Supervision Research Grant.
Role: Principal investigator
Amount: \$600

Cook, R. M. & Jones, C. (2017). *Supervisor cultural humility as a predictor of supervisee nondisclosure and multicultural competence.* Southern Association for Counselor Education and Supervision Research Grant.

Role: Principal investigator

Amount: \$50

Cook, R. M. & Lu, J. (2017). *Examining the neurological indicators of stress reduction: A mindfulness-based immersive virtual-reality experience.* Association for Assessment and Research in Counseling

Role: Principal investigator

Amount: \$2,996

Cook, R. M. & Welfare, L.E. (2015). *Factors in supervision and the impact on intentional nondisclosure.* Association for Counselor Education and Supervision Research Grant

Role: Principal investigator

Amount: \$528

GRANT UNDER REVIEW

SELECTED UNFUNDED GRANT WRITING EXPERIENCE

Sackett, C. R., **Cook, R.M.**, Lenz, S. & Wind, S. A. (2023). Prospective Cohort Study the Associations between Meaningful Experiences in the Client-Counselor Relationship, Treatment Adherence, and Clinical Outcomes in Criminally Justified Referred Clients for Community-Based Treatment. National Institute of Mental Health – R03.

Role: Co-Principal investigator

Amount: \$161,256

Sackett, C.R., **Cook, R.M.**, & Litwin. A. (2022). Promoting Client Engagement: The Client Meaningful Experiences Scale. Prisma Health.

Role: Co-Principal investigator

Amount: \$19,556

Mugoya, T. G., Mumba, M. N., Lee, H. Y., Jaiswai, J. L., Horton, A. G., Eyer, J. C., Brown, W. C., & **Cook, R. M.**, (2022). Behavioral Health Navigator Training Program. Human Resources & Service Administration (HRSA) – \$1,094,966. Scored 97 out of 100.

Role: Co-Principal investigator

Amount: \$1,544,875

Cook, R.M., Baltrinic, E.R., Fye, H.J., & Hamner, C. (2021). Generating Resilience and Wellness for Health Workforce Professionals: Project GRoW. Human Resources & Service Administration (HRSA) – \$1,094,966. Scored 93 out of 100.

Role: Principal investigator

Amount: \$547,161

Dolliver, D., **Cook, R.M.**, & Fonseca, D. (2018). *The impact of self-control on officer decision-making during encounters with the public.* National Institute of Justice.

Role: Co-Principal investigator

Amount: \$547,161

Fonseca, D. **Cook, R.M.**, Dolliver, D., & Scofield, J. (2018). *Environment and Individual Law Enforcement Factors Impacting Decisions to Shoot in High Threat Situations*. National Science Foundation.

Role: Co-Principal investigator

Amount: \$ 868,521

Fonseca, D., **Cook, R.M.**, & Dolliver, D. (2017). *Effectiveness of Simulated Reality-Based Use of Force Training Environments for Law Enforcement Officers*. National Institute of Standards and Technology

Role: Co-Principal investigator

Amount: \$553,320

Houser, R., Fonseca, D., & **Cook, R.M.** (2017). *Neural and behavioral processes of law enforcement officers' reflection and insight following simulation high threat decisions: The impact of race*. National Science Foundation

Role: Co-Principal investigator

Amount: \$424,553.

Houser, R., Fonseca, D., **Cook, R.M.**, & Scofield, J. (2017). *Measuring law enforcement officers' capacity to predict spontaneous deadly behaviors: Neural correlates of Theory of Mind*. National Science Foundation

Role: Co-Principal investigator

Amount: \$947,586.

PROFESSIONAL AWARDS

- **2021, The ACES Supervision Award**, Association of Counselor Education and Supervision
- **2018 – 2019, Excellence in Academic Advising**, The University of Alabama
- **2019 Rho Chapter of Chi Sigma Iota Research Award**, The University of Alabama
- **2017 – 2018, Editorial Fellow**, Counselor Education and Supervision
- **2015, Outstanding Graduate Student in Counselor Education**, Virginia Tech
- **2015 – 2016, Associate Member, Academy of Graduate Teaching Assistant Excellence**, Virginia Tech
- **2015 Summer Global Perspectives Program Fellowship**, Virginia Tech

MEDIA APPEARANCES

Cook, R. M. & Dolliver, D. (2019). Law enforcement 'Use of Force' study moves forward. Retrieved from: <https://www.ua.edu/news/2019/08/law-enforcement-use-of-force-study-moves-forward/>

Paulk, R. & **Cook, R. M.** (2019). UA Grad Student Assists Faculty in Virtual 'Shoot/Don't Shoot' Research. Retrieved from <https://www.ua.edu/news/2019/08/ua-grad-student-assists-faculty-in-virtual-shoot-dont-shoot-research/>

Cook, R. M. (2018). Establishing a research agenda as a pre-tenured faculty member. The Faculty Meeting. Retrieved from <https://itunes.apple.com/us/podcast/the-faculty-meeting/id1289763425?mt=2>

Cook, R. M., Fonseca, D., & Houser, R. (2017). University of Alabama researchers study stress level of police officers. Retrieved from <http://www.wbrc.com/story/35082524/university-of-alabama-researchers-study-stress-level-of-police-officers>

Cook, R. M., Fonseca, D., & Houser, R. (2017). Can neuroscience help cops decide to ‘shoot’ or ‘don’t shoot?’ https://www.al.com/news/huntsville/index.ssf/2017/04/can_neuroscience_help_cops_mak.html

Cook, R. M., Fonseca, D., & Houser, R. (2017). Researchers study stress on police officers. March 29, 2017. Retrieved from <http://www.tuscaloosaneews.com/news/20170329/researchers-study-stress-on-police-officers>

Cook, R. M., Fonseca, D., & Houser, R. (2017). Don’t Shoot: UA Combines VR, Neuroscience in Police Training Research. March 27, 2017. Retrieved from <https://www.ua.edu/news/2017/03/dont-shoot-ua-combines-vr-neuroscience-in-police-training-research/>

TEACHING EXPERIENCE

* = in person, + = online or hybrid, ° = developed new course or substantial course redesign, ¥ = co-taught with doctoral student

August 2024 – Present **Tenure-Track Assistant/ Associate Professor** *Clemson University*

- Courses Taught
 - EDC 8410: Internship in School Counseling*
 - EDC 8460: Internship in Clinical Mental Health Counseling*

August 2016 - 2024 **Tenure-Track Assistant/ Associate Professor** *The University of Alabama*

- Courses Taught
 - BCE 516: Practicum in Counseling (master’s) * ° ¥
 - BCE 517: Professional Issues, Ethics, and Advocacy in Counseling (master’s) * ° ¥
 - BCE 518: Intro to Clinical Mental Health Counseling (master’s) * ¥
 - BCE 525: Internship in School and CMHC Counseling (master’s) * + ¥
 - BCE 650: Counseling Strategies for Family Relationships (master’s) * ° ¥
 - BCE 652: Counseling Strategies for Child-Adult Relationships (master’s & doctoral) +
 - BCE 619: Supervision in Counselor Education (doctoral) * °
 - BCE 625: Advanced Internship (doctoral) * °
 - BCE 636: Leadership and Advocacy in Counselor Education (doctoral) *

August 2013 - May 2016 **Co-Instructor** *Virginia Tech*

- Courses Taught
 - EDCO 5264: Appraisal in Counseling (Master’s) *
 - EDCO 5284: Counseling Practicum (Master’s) *
 - EDHE 6054: College and University Administration: Helping Skills (Master’s) *
 - EDCO 6534: DSM in Counseling (Master’s) +
 - EDCO 5354: Addictions Counseling (Master’s) *
 - EDCO 5604: Systems Counseling (Master’s) *

August 2013 - Present **Guest Lecturer**

- Master’s Level Counseling Programs, The University of Alabama (February 2017, September 2017, February 2018, April 2019) *
- Clinical Mental Health Counseling, Virginia Tech (June 2015) *

Development (MECD)

- January 2017 – January 2026** **CORE Editorial Review Board Member, *Counseling Outcome Research & Evaluation (CORE)***
- July 2019 – July 2024** **Counselor Education and Supervision Editorial Review Board Member, *Counselor Education and Supervision (CES)***
- July 2018 – July 2019** **CE&S Editorial Board Ad Hoc Reviewer, *Counselor Education and Supervision (CES)***

Invited Reviewer

Stress and Health
The Clinical Supervisor
British Journal of Guidance and Counselling
Counselling and Psychotherapy Research
Journal of Psychologist and Counsellors in Schools
Health and Stress

PROFESSIONAL SERVICE

- July 2024 – July 2025** **President-Elect, *Association for Assessment and Research in Counseling (AARC)***
- March 2023 – Ongoing** **Executive Committee Member, *International Interdisciplinary Conference on Clinical Supervision***
- July 2020 – Ongoing** **Advisory Board Member, *Clinical Supervision Research Collaborative***
- July 2021 – July 2024** **Research Special Committee, *Association for Counselor Education and Supervision (ACES)***
- May 2023 – June 2023** **Proposal Reviewer for AARC Grant, *Association for Assessment and Research in Counseling (AARC)***
- February 2023** **Proposal Reviewer, 2023 ACES Conference, *Association for Counselor Education and Supervision***
- August 2020 – August 2022** **CE&S Editorial Review Fellowship Mentor, *Counselor Education and Supervision (CES)***
- August 2020 – May 2021** **AARC Fellows Committee Co-Chair, *Association for Assessment and Research in Counseling (AARC)***
- June 2020** **Proposal Reviewer, 2021 ACA Conference and Expo, *American Counseling Association (ACA)***
- July 2018 – July 2020** **AARC Secretary, *Association for Assessment and Research in Counseling***

(AARC)

- June 2019 – September 2019** **AARC Conference Speed Mentoring Coordinator**, *Association for Assessment and Research in Counseling (AARC)*
- June 2019** **Proposal Reviewer**, 2020 ACA Conference and Expo, *American Counseling Association (ACA)*
- June 2018 – September 2018** **Committee Member**, AARC Mission and Vision Workgroup, Assessment Committee, *Association for Assessment and Research in Counseling (AARC)*
- March 2017 – March 2018** **CE&S Editorial Review Fellowship**, *Counselor Education and Supervision (CES)*
- July 2016 – July 2017** **Committee Member**, Assessment Committee, *Association for Assessment and Research in Counseling (AARC)*
- June 2015 – June 2016** **Committee Member**, Mental Health Advisory Committee & Research Advisory Committee, *Child Health Investment Partnership (CHIP)*
- March 2016** **Proposal Review**, SACES Conference, *Southern Association for Counselor Education and Supervision (SACES)*
- March 2015** **Proposal Reviewer**, 2016 ACES Conference, *Association for Counselor Education and Supervision (ACES)*

PUBLIC SERVICE

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- January 2023 – May 2024** **Co-Chair**, Hope Pointe Research & Evaluation Team, Indian Rivers Behavioral Health, Tuscaloosa Alabama

PROGRAM, DEPARTMENT, & UNIVERSITY SERVICE

Clemson University

The University of Alabama

- May 2023 – May 2024** **Program Coordinator**, Counselor Education Program
- August 2023** **UA Research Grants Committee Member**, UA Research Grants Committee, Area B – Social and Behavioral Sciences
- August 2023 – August 2024** **Mentor**, College of Education Faculty Mentor Program
- Fall 2022 – August 2024** **Counseling Lab Committee Member**, Counselor Education Program
- Fall 2022 - August 2024** **Assessment Committee Member**, Counselor Education Program
- Fall 2017 – August 2024** **Counseling Lab Coordinator**, Counselor Education Program

Fall 2019 – August 2024	CACREP Field Placement Experiences Committee , Counselor Education Program
Fall 2019 – August 2024	PhD Faculty Advisor
Fall 2017 – August 2024	CMHC Faculty Advisor
Fall 2022 – Spring 2023	Plan of Study Committee Member , Counselor Education Program
Spring 2022 – Summer 2022	Committee Member , Clinical Faculty Search Committee
Summer 2021 – Spring 2022	Merit Review Rubric Development Workgroup , Educational Studies in Psychology, Research Methodology, and Counseling
Fall 2018 – Spring 2022	Chapter Co-Faculty Advisor , Chi Sigma Iota
Spring 2022	Committee Member , Counselor Education Clinical Faculty Search Committee
Spring 2020, 2021, 2022	Interview Day Coordinator , Counselor Education Program
Spring 2019	Coordinator of Counseling Lab Updates , Counselor Education Program
Fall 2016 – Fall 2018	Committee Member , CACREP Assessment Committee
Fall 2017 – Spring 2018	Chapter Faculty Advisor , Chi Sigma Iota
Fall 2017 – Spring 2019	GA Coordinator , Counselor Education Program
Fall 2017	Co-Chair , Clinical Mental Health Counseling Faculty Search Committee
Fall 2017	Committee Member , School Counseling Faculty Search Committee
Fall 2016 – Fall 2017	Department Dissertation Award Committee Member , Educational Studies in Psychology, Research Methodology, and Counseling
Fall 2016 – Spring 2017	Co-Founder , Clinical Supervision Research Group

DISSERTATION COMMITTEE

- Hodnett, C. (2024). Mental health counselors self-perceived competencies in understanding and addressing the needs of asexual clients. (Chair, until departure from UA at proposal phase)
- Hill, J. (2024). Journey of resilience counselors' trauma-informed care through personal healing – a qualitative inquiry. (Chair, until departure from UA at proposal phase)
- Philips, R. (2024). Lived experiences of therapist using qEEG data when treating clients. (Co-chair, until departure from UA at defense phase)
- Ogletree, K. (2024). College coaches' experiences coaching athletes with a focus on mental health. (Committee member, until departure from UA at defense phase)
- Paulk, R. (2024). A qualitative study on the experience of sex trafficking survivors receiving neurofeedback as an adjunct therapy treatment: an exploratory study. (Committee member).
- Heim, I. (2021). Statistical analysis of electroencephalogram data pertaining to TDCS in math skill enhancement: Identifying generators through the inverse program. (Committee member)
- Brooks-Lancaster, D. (2020). A factor analysis of faculty members' perceptions on LGB affirmative counselor training in clinical mental health programs. (Committee member)

Webber, W. (2020). The influences of mindfulness and multicultural competence in the processing of culturally relevant stimuli by counselors-in-training. (Committee member)

Rocha, J. (2020). Supervisees experiences in clinical supervision. Old Dominion University (Committee member)

Bledsoe, K. (2019). Post-master's school counseling clinical supervision: A reflective interview study of Alabama certified school counselors. (Committee member)

Jenkins-Richardson, K. (2018). Counselor educators' integration of the social and cultural diversity common core area into their pedagogy: an exploratory study. (Committee member)

Romero, D. (2018). Autonomic arousal and its relationship to child behavior: The moderating role of parenting styles. (Committee member)

PROFESSIONAL MEMBERSHIPS

- American Counseling Association, 2016 - Present
- Association for Assessment and Research in Counseling, 2016 - Present
- Association for Counselor Education and Supervision, 2016 – Present
- Southern Association for Counselor Education and Supervision, 2016 - Present
- Chi Sigma Iota, 2015 – Present
- Society for Neuroscience, 2018