#CUStayConnected
Weekly Resources and Tips for Development and Wellness for Faculty and Staff

### Monday, October 12th
- **Zoom Session** - Supporting Native Students: Building Relationships with Native Nations @ 12:30 PM
- **Recorded Webinar** - Keep Calm and Carry On presented by Deer Oaks
- **Article** - It’s Indigenous Peoples’ Day - The Smithsonian Magazine Shares Five Ideas for Recognizing Today
  
  #MyDayMonday

### Tuesday, October 13th
- **Recorded Webinar** - COVID-19 Support—Creating a Positive Learning and Working Environment
- **Supervisor Training** - How to be a Rockstar Supervisor (Supervision 101) @ 8:30 AM | Register [HERE](#)
- **Virtual Fall for Greenville - A Taste of Our Town Discount Book available for purchase**
  
  #TipTuesday

### Wednesday, October 14th
- **Live Webinar** - Race and Racism in Higher Education @ 12:00 PM | Register [HERE](#)
- **Live Webinar** - For CU Hiring Managers: Recruitment Tools with a Focus on Accessibility @ 12:00 PM | Register [HERE](#)
- **Article** - Managing Political Anxiety – Deer Oaks EAP
  
  #WellnessWednesday

### Thursday, October 15th
- **Did you know** Campus Recreation offers weekly virtual fitness classes? See the schedule [HERE](#)
- **Supervisor Training** - Motivating and Developing Employees @ 8:30 AM | Register [HERE](#)
- **Article** - Does your family want to be featured ‘Live From Home’ on the videoboard at Memorial Stadium? Details [HERE](#)
  
  #ThankfulThursday

### Friday, October 16th
- **Article** - HBR - Good Leadership Is About Communicating “Why” | Access [HERE](#)
- **Recorded Webinar** - Maximizing Your Day presented by Deer Oaks
  
  Download 2020 Clemson football season profile pics for all your social media accounts courtesy of CU Alumni Assoc.
  
  #SolidOrangeWFHFriday

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**ENGAGEMENT RESOURCES**

*Share Your Feedback!* Let us know what you think about the #CUStayConnected newsletter

*Let’s Connect!* Use the hashtag of the day along with #CUStayConnected on your social media platforms

Contact us with newsletter ideas and to receive the weekly email

**OTHER RESOURCES**

- Health and Wellness Page
- Clemson COVID-19 Website
- COVID-19 Supervisor Resources
- COVID-19 Faculty and Staff Resources
- Mental Health and Well-being
- Telecommuting Guidance
- HR Homepage

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**PRO-DEV**

October Professional Development Calendar Available

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**OFFICE OF HUMAN RESOURCES | OCTOBER 12– OCTOBER 16**