### #CUSTayConnected
Weekly Resources and Tips for Development and Wellness for Faculty and Staff

#### MONDAY, JUNE 15TH
- **Training**: Gratitude Scales: 12 Things To Be Thankful For (Forbes)
- **Engagement**: CU Equity, Inclusion, and COVID-19 Series: The Impact on Veterans 2-3 PM
- **Tips**: Race: The Power of an Illusion - CU makes 3-part video series and open dialogue session available to employees #MyDayMonday

#### TUESDAY, JUNE 16TH
- **Engagement**: Why Do We Feel Uneasy about a New Normal? (BBC)
- **Tips**: Percipio Course: How Culture Impacts Communication
- **Tips**: 5 Ted Talks on Diversity and Inclusion from LinkedIn #TipTuesday

#### WEDNESDAY, JUNE 17TH
- **Engagement**: 10 AM – Noon : Join Online CU Community Dialogue on Race: The Power of an Illusion 3-Part Series
- **Tips**: CU Series: Racism, Stigma and Xenophobia 10 – 11 AM
- **Tips**: How To Talk About Race And Protests With Your Kids, Explained By A Child Psychologist #WellnessWednesday

#### THURSDAY, JUNE 18TH
- **Engagement**: How to Refuel When You Are Emotionally Drained
- **Tips**: Performance Tracking for Staff Training for Supervisors / Employees
- **Tips**: SCDHEC Tips – Protect Yourself and Those Around You from COVID-19 #ThankfulThursday

#### FRIDAY, JUNE 19TH
- **Engagement**: Clemson’s Greatest Games TV Series
- **Tips**: 2019 CU Baseball Father’s Day video
- **Tips**: Healthy Clemson –COVID-19 Return to Workplace Guidance Resources
- **Tips**: How to Celebrate Father’s Day Social Distancing #SolidOrangeWFHFriday

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**ENGAGEMENT RESOURCES**

**Share Your Feedback!**
Let us know what you think about the #CUSTayConnected newsletter

**Let’s Connect!** Use the hashtag of the day along with #CUSTayConnected on your social media platforms

**Contact us with newsletter ideas and to receive the weekly email**

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**OTHER RESOURCES**

- Health and Wellness Page
- Clemson COVID-19 Website
- COVID-19 Supervisor Resources
- COVID-19 Faculty and Staff Resources
- Mental Health and Well-being
- Telecommuting Guidance
- HR Homepage

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**PRO-DEV**
June Professional Development Calendar Available