

MoneyPlus worksheets

Use the worksheets below to calculate the amount you may wish to contribute to a MSA or DCSA. Be conservative in your planning. Remember that any unclaimed funds cannot be returned to you. You can, however, carry over up to \$500 of unused MSA funds into 2020 plan year. You cannot carryover DCSA funds. Refer to Page 5 for annual contribution limits.

Medical Spending Account	
Estimate your eligible out-of-pocket medical expenses for the plan year.	
Uninsured medical expenses	
Health insurance deductible	\$ _____
Copayments and coinsurance	\$ _____
Prescription drugs	\$ _____
Dental care	\$ _____
Vision care	\$ _____
Travel costs for medical care	\$ _____
Other eligible expenses	\$ _____
Subtotal (annual contribution)	\$ _____
Number of paychecks	÷ _____
Per-pay-period contribution	\$ _____

Dependent Care Spending Account	
Estimate your eligible dependent care expenses for the plan year.	
Child care expenses	
Daycare services	\$ _____
In-home care/au pair services	\$ _____
Nursery/preschool	\$ _____
After school care	\$ _____
Summer day camps	\$ _____
Elder care expenses	
Daycare center services	\$ _____
In-home care services	\$ _____
Subtotal (annual contribution)	\$ _____
Number of paychecks	÷ _____
Per-pay-period contribution	\$ _____