

2017 REPORT TO THE PEOPLE: GREENWOOD COUNTY

EFNEP's Impact in Greenwood

Amairani 'Ani' Correa is the Nutrition Educator Assistant for EFNEP in Greenwood County. EFNEP stands for Expanded Food and Nutrition Education Program .This program targets children who qualify for a free/reduced lunch and a diverse population who attend a title one school and caregivers who qualify for food assistance. This program is to help children understand the importance of eating healthy and stay active in an educational fun way. The children have the chance to prepare their own healthy snacks according to the lesson of the day. They will try new fruits and vegetables and have two physical activities of 10-15 minutes. I am currently working in the schools of District 50: Woodfields Elementary School (5th graders- approximately 50 children), Brewer Middle School (6th & 8th gradersapproximately 80 children) and Pinecrest Elementary School (Kindergarten- approximately 80 children). This program comes with pre and post surveys and upon completion of the program, they receive a certificate to add their accomplishments.



Make Every Meal A Healthy Plate! Trying to make your plate half fruits and vegetables can be challenging. This activity helps the children visualize how to balance their meal.



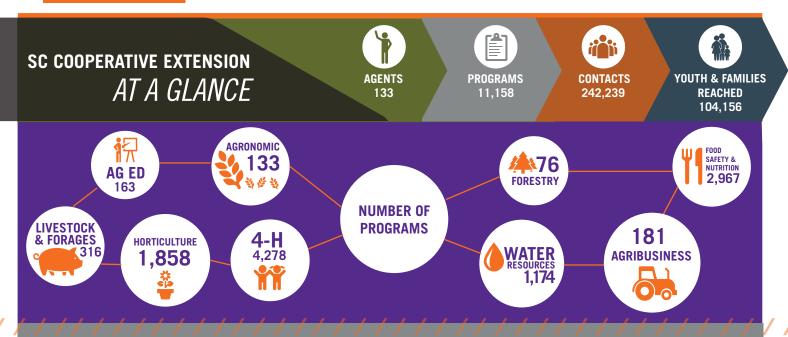
Though they compete against each other individually during the forestry skills portion of the Woodland Clinic, teamwork is the key to winning the lumberjack race.

Woodland Clinic Annual Field Day

The 35th annual Woodland Clinic forestry competition and career day for high school students was held in April. The Woodland Clinic Inc. board members with the assistance of other public and private organizations with interests in forestry and natural resources worked together to hold the event. High school students from seven schools or 4H clubs in the piedmont area of SC comprised the 17 teams competing in the Clinic this year. Over 45 volunteers from natural resource oriented public agencies and private businesses came out to participate. The competition includes basic forestry skills of tree measurement, tree identification, tree insect and disease identification, and a compass and pacing course. After the individual portion of the competition is complete, a team lumberjack race is held. Extension is represented on the Woodland Clinic Board and assisted with pre-event training for teams and in setting up the event and coordinating activities the day of the event. The Clinic gives the participants an opportunity to test their skills against their peers, and with the natural resource professionals assisting, a chance to discuss first hand possible careers in natural resources.



2017 REPORT TO THE PEOPLE: GREENWOOD COUNTY





▲ The Pond Management Workshop, conducted by Dr. Heaton and Gary Coleman, included an on-site pond demonstration to discuss problems that ponds experience such as weeds, overgrowth, runoff, fish habitat and chemical treatments.



Other Program Areas in Greenwood

Area Livestock and Forage Agent, Gary Coleman, has presented small ruminant, livestock and pond management information to producers. He continues to work with the Greenwood Beef Producers Association and encourages producers to contact him with any livestock/forage questions. 4-H Agent, Lucy Charping, continues to work with local clubs: 4-H Horse Club and Cambridge Academy Shooting Sports as these clubs have both won competitions and awards. She goes into local schools with programming on embryology, gardening and farm to food sessions.

The Servsafe® Restaurant Manager Certification Course is taught by Regional Food Safety and Nutrition Agent, Rhonda Matthews. She taught twelve courses during 2017 and 88 people enrolled. During the year, Rhonda continued to hold local food safety, nutrition and preservation programs and answer client questions. Horticulture Agent, James Hodges, continues to answer horticulture and agriculture questions for home and commercial consumers. He continues to work with the Lakelands Master Gardener Association and the Greenwood County Farmer's Market to promote agriculture within the county.

◆ The Greenwood County Farmer's Market provides healthy fresh vegetables and fruits during the 5 month season, from June through September. Clemson Extension Agent, James Hodges, serves as an advisor to the Farmer's Market Board. For the 2017 season, the market averaged 29,500 customers for the season and had an estimated income of more than \$295,000.00, which shows local consumer appreciation for agriculture.

http://www.clemson.edu/greenwood