

# **Pickleball Rules**

**Revised November 2022** 





## 1. Players and Equipment

- 1.1. Each team will consist of two players. Teams must have both players present at game time to begin. Teams can be comprised of any ratio of males/females.
- 1.2. Players may not wear baseball-style caps or other rigid headwear. Knit and stocking caps are permitted. Players may wear a headband no wider than two inches and made of non-abrasive cloth, elastic, fiber, soft leather or rubber. Bandanas and other headgear with knots are prohibited. Rubber or cloth elastic bands may be used to control hair.
- 1.3. No jewelry or any other item deemed dangerous by the Intramural Staff may be worn. Any player wearing exposed permanent jewelry (e.g., body piercings) will not be permitted to play.

## 2. Game Factors and Timing

- 2.1. Each match will consist of a single game that will be played to 11 points. The winner will win the match by 2 points or more.
- 2.2. Each match will consist of four players (2 per side; also known as doubles).
- 2.3. Each match will have a time limit of 30 minutes. If the time limit expires before the match is completed, the team that is ahead will be declared the winner.
- 2.4. Teams will conduct their own coin toss, rock/scissors/paper, etc. prior to the matchup beginning, to determine which team will serve first.

### 3. Serving and Scoring

- 3.1. When serving, the server must stand completely behind the end line of the pickleball court. The serve must be underhand and the paddle should not be above the server's waist.
- 3.2. The serve is made diagonally crosscourt and must land within the confines of the opposite diagonal court. Only one serve attempt is permitted per server. The first serve of a game shall be from the right/even court.
- 3.3. Only the team that has the serve may score a point when a fault is committed. If the team that is serving commits a fault, the serve will switch to the server's partner. If the second team member commits a fault, then the serve will switch to the opposing team. If the team receiving the serve commits a fault, the serving team will be awarded one point.

### 3.4. Two-Bounce Rule:

- a. The team receiving the serve must let the serve bounce on their side of the court before returning.
- b. After the serve is returned, the serving team must also let the ball bounce on their side of the court before returning to begin a "volley."



- 3.5. Service will automatically switch to the opposing team after <u>five</u> consecutive points are scored by the serving team.
- 3.6. Non-Volley Zone (Kitchen)
  - a. The non-volley zone is the court area within 7 feet on both sides of the net.
  - b. Volleying is prohibited within the non-volley zone. This rule prevents players from executing smashes from a position within the zone.
  - c. It is a fault if, when volleying a ball, the player steps on the non-volley zone, including the line and/or when the player's momentum causes them or anything they are wearing or carrying to touch the non-volley zone including the associated lines.
  - d. It is a fault if, after volleying, a player is carried by momentum into or touches the non-volley zone, even if the volleyed ball is declared dead before this happens.
  - e. A player may legally be in the non-volley zone any time other than when volleying a ball.
  - f. The non-volley zone is commonly referred to as "the kitchen."
- 3.7. A fault is any situation that stops play due to a rule violation. The following situations are faults and will result in either a point or a change in service:
  - a. Hitting the ball out of bounds (either over the sideline or endline)
  - b. Not letting the ball bounce before returning a serve (or the serving team not allowing it to bounce after the first return serve)
  - c. The ball hitting the net and not crossing
  - d. Contacting the ball in the Non-Volley Zone
- 3.8. Any ball that touches a sideline or endline is considered "in."